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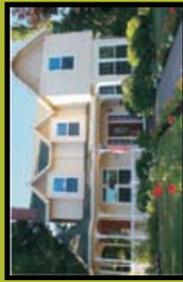
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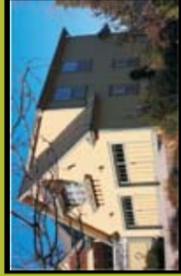
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# The Jacksonville Review

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February 2011 • No. 1928 • 541-899-9500 • P.O. Box 1114 • Jacksonville, OR 97530

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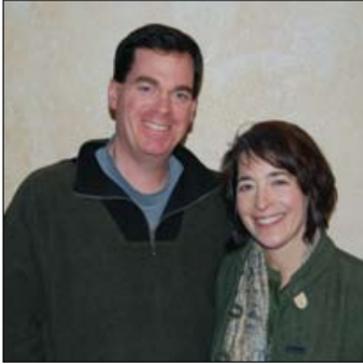


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Publishers: Whitman & Jo Parker

Layout & Design: Andrea Yancey

Mail: PO Box 1114
Visit: 235 E. Main Street (above Gogi's) Jacksonville, OR 97530

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About Our Cover:

2011 marks the Year of the Rabbit on the Chinese Zodiac calendar. Cover logo art by artist and former Ashland resident, Barbara Chung. Cover graphics and design by Michelle Tresemer of the Southern Oregon Chinese Cultural Association.

My View

by Whitman Parker, Publisher

While gazing out my office window on this unexpectedly sunny afternoon, my eyes were drawn to a group gathering at the sidewalk tables outside the Good Bean. At street level below, I witnessed handshakes and hugs and thought to myself "Hey, this is what Jacksonville is all about and this is more like it." There and then, I wanted to join them and enjoy a pleasant conversation... preferably devoid of local politics!

The local political scene has dominated my thoughts for a few months now. I'm pleased and buoyed by the outcome of the recent recall election in which Councilor Donna Schatz won her bid to keep her council seat by a huge margin. The unpleasantness of the recall has me hoping that future petitioners will get the message that unwarranted and misleading recall campaigns will not succeed here. Furthermore, voter disenfranchisement, hate-filled emails, off-color cartoons and general silliness

will not be tolerated by our civil citizenry. Jacksonville deserves leaders, not intimidators, misanthropes and bullies. After learning of his mayoral appointment to the Public Safety Committee, my only hope is that Mr. Smith is capable of serving without the antipathy, childish antics and negativity he has demonstrated recently.

Truth be told, a few malcontents have done little to dash my optimism about Jacksonville's future. There is indeed a reordering going on and I'm proud to be a part of it. And, from what I've seen recently on the political front, our new Mayor and the majority of Council are on-board and committed to mending what's broken and improving what's already working well.

This month, we celebrate the best of Jacksonville and again honor Jacksonville's Chinese history and heritage with the Chinese New Year celebration sponsored by the Chamber of Commerce and SOCCA - the Southern Oregon Chinese Cultural Association. Together, let's CELEBRATE the Year of the Rabbit in Our Small Town with Big Atmosphere!

"City" Snapshot

With no January issue of the Review, here's a snapshot of what you may have missed:

- December 3: City Administrator Paul Wyntergreen announces his resignation to become the City Manager of Tillamook, Oregon.
December 6: Recall Petitioner, Hubert Smith perfects 3 recall petitions with the Jacksonville Clerk and Jackson County Elections Division, targeting Mayor Bruce Garrett and Councilors, Paul Becker and Donna Schatz "for fiscal mismanagement," displeasure over the Public Safety Surcharge and hope of re-forming a volunteer fire department.
December 6: Smith meets with Becker and makes what many call "a coffee shop deal." Within hours and without explanation, Smith pulls Becker's petition and excuses Becker from the recall.
December 17: Rather than putting the city through the recall, Mayor Garrett resigns, leaving Councilor Schatz the lone recall target.

- January 4: New City Council Sworn-in. Councilor Becker appointed Mayor. David Jesser is appointed to fill Becker's remaining two year council term. Jim Lewis wins bid for Council President.
January 11: Council holds Study Session to discuss City Administrator replacement options. Consensus reached to name Jeff Alvis on interim basis.
January 18: (Election Day) Council names Public Works Director, Jeff Alvis "Interim City Administrator." Councilor Schatz retains council seat with 64% of voters rejecting recall effort. Mayor Becker names Hubert Smith to Public Safety Committee.
January 25: Council holds 2nd Study Session to discuss City Administrator options, reaching consensus to wait 90-180 days to assess Alvis' performance. CA to be backed up with temporary personnel if needed for specific functions. Mayor to speak with interested CA applicants to assess level of interest and ability to back up Alvis when needed.

Playing Politics

When Council had finished its regular Action Items at the January 18 meeting, a political sucker punch dashed what had been another upbeat and productive meeting. Here's the lowdown on the low blow: Councilor Jim Lewis had the floor and was requesting that an emergency action item be placed on the agenda. To do so, the request had to be approved unanimously. Lewis explained that soon-to-be outgoing City Administrator, Paul Wyntergreen, who'd served the city for 20 years, should be honored for his service. (Wyntergreen was absent, attending his mother's funeral in North Dakota.) Lewis' request seemed simple enough - after all, Council frequently honors volunteers and staff in public meetings.

Lewis wasn't talking gold watches and lavish going away parties - just a very public "thank you" to a man who had dedicated the bulk of his career to Jacksonville. Unfortunately, the plan was dashed by Councilors Paul Hayes and Dan Winterburn who voted NO and killed Lewis' emergency action item request.

What a shame - Wyntergreen's absence presented the perfect opportunity to plan something for the next council meeting...something reflective of respect earned, something reflective of the decency that defines how Jacksonville treats its fellow citizens and employees. But no, Hayes stated he wouldn't back anything that benefited Wyntergreen because, as Hayes said publicly, he'd had too many personal and business disagreements with Wyntergreen in years past to do so. Hayes then lobbed his sucker punch "no" vote as a personal weapon and blocked the request. Winterburn then inexplicably jumped on the dog pile with his "no" vote.

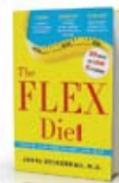
The Review is hopeful that the next time a candidate seeks public office, that he informs the voters in advance of bias against a staffer. The City Council is an inappropriate venue to settle one's personal grudges and destroys an already fragile public trust. Thankfully, five other Councilors have avoided playing politics, placing the public ahead of petty, personal agendas.



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This event is brought to you by Providence Medford Medical Center, in partnership with Jackson County Library Foundation, to promote healthy minds and hearts.

To register, go to www.ProvidenceOregon.org/TakeaMoment or call Providence Resource Line at 800-562-8964.

Free community event

Wednesday, Feb. 9
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# CITY HALL HAPPENINGS



## A Few Minutes with the Mayor

by Paul Becker

### The Mayor is In!

I will never forget a time when I was sailing across the Atlantic Ocean on the QE2 to England. The Atlantic can be a brutal ocean to cross in stormy weather, but on this occasion the wind and the sea outdid themselves. Fifty foot waves crashed on the bow as the ship maneuvered through the deep troughs. The wind was so intense it would have been suicidal to step anywhere on deck outside. At 3 AM, unable to sleep, I walked the interior corridors and through the public rooms without seeing even one crew person much less another passenger. It wasn't easy to walk. The great ship pitched and rolled with every step. The creaks and groans emanating from the hull under the stress of the storm were so bad I wondered if the bulkheads would hold. Returning to my cabin with a silent prayer, I lay down and finally went to sleep.

The next morning, the sun could be seen gleaming on the far sea ahead though, needless to say, the dining room was virtually empty for breakfast. Never having been seasick, even on my own 27-footer, I enjoyed a full breakfast, and reflected upon the fact that I had experienced passage through one of the worst storms imaginable.

Today, this parable would seem to apply to our situation in Jacksonville. The city has been wracked by a political storm that has yet to subside, but just as

the QE2 sailed through with colors flying, so too will our town. Not that there aren't scars. In that sea adventure, repair and maintenance removed any scars from the storm. We can do the same. We can begin by listening to "the other fellow" even if we vehemently disagree. Those of us who are in a position to do so can apply our remedial skills where they are needed. There are numerous committees and commissions for volunteers to join. Yet it must be stressed...government exists to serve the community...insofar as it is practical, *all* of the community. This means that government must listen and be responsive to each and every person. No, this isn't idealistic utopian philosophy...it's true and it's do-able. To that extent, **my office at City Hall will be open to everyone 9AM until 11AM, Monday, Wednesday and Friday.** Got complaints? Come in! Got questions? Come in! Got suggestions? Bring them in! I can't promise breakfast. It's not in our budget. But, we're not such a big town that the Mayor's office needs to be walled-off from its citizens. I promised transparency and you can't have transparency behind closed doors. My door is open to the daylight. I see the sun rising on Jacksonville... not setting! Furthermore, I promise that just as the captain on the QE2 sailed his ship through the storm and into the sunlight, I'll do the same for our beautiful city.

## Detective Films Featured in February

February's movie night at Old City Hall is a double feature of films with major detective figures in film history. The first is Charlie Chan, played by the actor whose creation of the role was so successful that the series lasted in one form or another for well over four decades. CHARLIE CHAN AT THE RACE TRACK is taut, tightly-edited and easily one of the best in the series. The story is international, beginning at a race track in Australia and ending at Santa Anita in which a friend of Charlie's is found kicked to death by his own race horse on board a Honolulu-bound ocean liner. Soon, the detective discovers foul play and uncovers an international gambling ring. This film boasts an impressive supporting cast and has the look of a major film, though it runs a short 69 minutes.

The second film is one in a series of Sherlock Holmes films that features the

greatest actor to ever play the famous detective - Basil Rathbone. In this story, seven rich men retire to a Scottish castle and promptly begin to die in violent fashion. Each death is preceded by the delivery of orange pips to the next target. As all the likely victims are heavily insured, Sherlock Holmes is asked by the insurance companies to investigate. This plot is taken from one of Arthur Conan Doyle's original stories and is clever and entertaining and would appear to be the inspiration for Agatha Christie's TEN LITTLE INDIANS decades later. SHERLOCK HOLMES AND THE HOUSE OF FEAR also runs a quick 69 minutes.

Between films, there will be a fifteen minute intermission with complimentary coffee, tea and biscuits. Show time is at 7 PM on Friday, Feb. 8th.

## From the Firehouse to Your House

by Ops Chief, Devin Hull

### NFPA Standards for Fires Services

**WHAT ARE NFPA STANDARDS?**  
Consensus standards are developed by specific industries to set forth widely accepted standards of care and operations for certain practices. Standards are an attempt by the industry or profession to self-regulate by establishing minimal operating, performance, or safety standards, and they establish a recognized standard of care. They are written by consensus committees composed of industry representatives and other affected parties. The National Fire Protection Association (NFPA) has many standards which affect fire departments. The standards should be followed to protect fire and rescue personnel from unnecessary workplace hazards and because they establish the standard of care that may be used in civil lawsuits against fire and rescue departments.

#### APPLICATION OF NFPA STANDARDS TO VOLUNTEERS

In most cases, compliance with NFPA standards is voluntary. However, in some cases, Federal or state OSHA agencies have incorporated wording from NFPA standards into regulations. In these cases, the compliance with the standards is mandatory. Regardless of whether compliance with an NFPA standard is voluntary or mandatory, fire and rescue departments must consider the impact of "voluntary" standards on private litigation. In some states, a department may be liable for the negligent performance of their duties. Even in states that protect rescue workers under an immunity statute, most state laws do not protect fire or rescue departments for grossly negligent acts. Essentially, negligence involves the violation of a standard of care that results in injury or loss to some other individual or organization. In the state of Oregon immunity for fire and rescue operations is not granted by state statute.

In establishing the standard of care for

rescue operations, the courts will frequently look to the "voluntary" standards issued by NFPA and other organizations. Although "voluntary" in name, these standards can become, in effect, the legally enforceable standard of care for fire or rescue department. Accordingly, fire and rescue departments should pay close attention to applicable standards

#### NFPA Selected Standards Which Affect Fire Service

**NFPA 1001: Standard on Professional Qualification for Firefighters**

This standard identifies the minimum requirements for firefighter candidates, and for those at the Firefighter I and Firefighter II levels. Requires familiarity with specific procedures, equipment, and conditions outlined in the standard. This standard is used as the basis for curriculum for Firefighter I and II courses.

**NFPA 1200: Standard for Organization, Operation, Deployment, and Evaluation of Public Fire Protection and Emergency Medical Service** This is a proposed standard which has not been adopted yet. If passed, it will establish broad requirements which affect organizational design, operations, vehicle deployment, and response times for fire and emergency medical services.

**NFPA 1561: Standard on Fire Department Incident Management Systems**

The purpose of this standard is to provide structure and coordination to the management of emergency incidents to help ensure the safety and health of fire department members. It requires adoption of an incident management system to manage all emergency incidents and training exercises, with written plans to anticipate incidents that require standardized procedures.

**NFPA 1581: Standard on Medical Requirements for Firefighters**

This standard provides minimum



Standards - Cont'd. on Page 29

## CITY OF JACKSONVILLE NOTICE OF PUBLIC HEARING

As a result of an order of the Federal Emergency Management Agency (FEMA), the City of Jacksonville must adopt new Flood Insurance Rate Maps (FIRM) and revise the Flood Damage Protection chapter of the Jacksonville Municipal Code, Chapter 15.12. The City has determined that adoption of these ordinance changes may affect the permissible uses of your property, and may change the value of your property.

The proposed ordinance and Flood Insurance Rate Map changes are available for review at the City of Jacksonville Planning Department located at 110 E. Main Street, Jacksonville, OR between 8:30 a.m. and 4:00 p.m. Copies of the ordinance and file information are available for purchase if requested.

For additional information concerning this ordinance, call the Planning Department at 541-899-1231.

**The public is strongly encouraged to attend the following public hearings:**

**Jacksonville Planning Commission February 9, 2011 at 6:00 p.m at the Old City Hall, 205 W. Main St., Jacksonville, Oregon.**

**Jacksonville City Council February 15, 2011 and March 1, 2011, 7:00 p.m at the Old City Hall, 205 W. Main St., Jacksonville, Oregon.**

The National Flood Insurance Program Coordinator from DLCD will be available for questions at both the Planning Commission meeting on February 9th and the City Council meeting on February 15th.

## CITY OF JACKSONVILLE OPEN HOUSE

FLOODPLAIN INFORMATION SESSION

FEBRUARY 7, 2011

5:00-6:30 PM

NAVERSON ROOM - JACKSONVILLE LIBRARY

Come and locate your property on the new flood insurance rate map and talk with planning staff about the proposed changes.

### JACKSONVILLE OFFICE HOURS

#### CITY OFFICE

Monday - Friday  
8:30am - 4:00pm  
(541) 899-1231

#### MUNICIPAL COURT CLERK

Monday - Friday: 1pm - 4pm

#### PLANNING DEPARTMENT

Monday, Tuesday & Friday  
9am - 12pm & 1pm - 4pm

Wednesday: 9am to 12pm

Thursday - Closed

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### JACKSONVILLE CITY SCHEDULE

**CITY COUNCIL:** Tuesday, February 1, 7:00pm (OCH)

**PLANNING COMMISSION:** Wednesday, February 9, 6:00pm (OCH)

**CITY COUNCIL:** Tuesday, February 15, 7:00pm (OCH)

**HARC HEARING OFFICER:** Wednesday, February 16, 10:00am (CC)

**HARC:** Wednesday, February 23, 2-5pm (OCH)

**CITY COUNCIL:** Tuesday, March 1, 7:00pm (OCH)

**LOCATION KEY:** **CH** - Old City Hall (S. Oregon & Main) **CC** - Community

Center(160 E. Main Street) **NVR** - Naverson Room (Jacksonville Library)

**FH** - Fire Hall(180 N. 3rd St. @ C)

# LETTERS

## Thank You From the Ruch Food Pantry

A great big shout out to the people of Jacksonville for their amazing generosity this past holiday season. You filled lots of paper bags with groceries and we were able to supplement our food pantry that serves hungry families in need from Jacksonville to Grants Pass. We also received generous donations from the Jacksonville and Ruch schools. We really appreciate your help. This year our client list has just about doubled and we are

thankful to have donations to add to what we receive from Access.

This coming year, we are hoping to start up a Jacksonville Food Project, modeled after the ones in Ashland, Medford and Talent. If you are interested in helping with this effort, please contact us at 846-0380.

In appreciation,  
*Arlene & Claude Aron and all the wonderful volunteers at the food pantry.*

## ACCESS Thanks Holiday Shoebox "Elves"

Whatever would we do without our Holiday Shoebox "elves" at ACCESS Inc.? Whether you were a shoebox shopper, a shoebox stuffer, a shoebox wrapper or "deliver-er," we would not have had such a fabulous program this year without you! Please know how grateful we are for each and every one of you. Because of you, over 465 holiday shoeboxes were filled and delivered to local seniors and shut-ins to help brighten their holidays.

If you had the opportunity to be a deliverer, hopefully you were able to interact with some of the recipients and

know how truly thankful they were to receive a shoebox. We've received some great cards and phone calls thanking us for their special gift.

Again, thank you for supporting our seniors and people with disabilities. You brought tears of joy and truly brightened the lives of many through giving to the ACCESS Holiday Shoebox Program!

*Ellen Gray and Barbara Bieg, ACCESS, Inc. Supportive Services – Senior Outreach Program. 541-779-6691, 3630 Aviation Way, Medford, OR 97504*

## Thank You From Dr. Darla Jochum

As many of you may know, I am no longer working at Jacksonville Veterinary Hospital. It was not my decision to leave, and it all came about so quickly that I didn't have a chance to thank many of you that I became acquainted (with) over the years.

I wanted to let everyone know whose pets I cared for over the past 11 years how much I appreciated you trusting me with your pets' care. I enjoyed the stories you shared of how you came to adopt your puppies and kittens or the stories of how you came to adopt an older pet. I laughed at the funny antics you shared with me of the things your pets had done. I appreciated you sharing with me the

adventures and travels you had with your pets and the interesting places you had been together. Those things helped me to better appreciate the bond you share/shared with your pet. I also grieved at the loss of your special friend but was grateful to be able to help in your time of need and sorrow. I will miss seeing you and your pets.

Thank you again for inviting me into a part of your life and sharing your wonderful furry friends with me. Thank you also for your compliments on the column I wrote each month for the Jacksonville Review. I was glad to know that you took time to read it each month.

*Darla Jochum, DVM*

## Not a Person

Councilwoman Donna Schatz survived a recall effort begun by Hubert Smith, who said afterwards, "...there's a constituency that feels a person like her is a person rather than a vote. To me she's a vote."

Sadly, Smith has expressed what is wrong with our politics and our society. We are no longer persons, we are votes. While the Supreme Court has determined that corporations are people, real people have become just votes.

If we extend Smith's thinking to every election, we should recall every politician who doesn't vote as promised during their campaign. Despite the fact that many of them change their votes because they have studied the issues, learned

more, perhaps compromised for the greater good, those are things persons do, and politicians are just votes.

Imagine if your physician viewed you strictly as a patient and not a person. But you don't have to imagine. Banks, insurance companies, retail stores, restaurants and more regularly ignore the person and deal only with the customer. For my money, I prefer to shop small, local stores, like those in Jacksonville, where I'm treated like a person.

Smith would do well to think about the words of Albert Einstein, "Not everything that can be counted counts, and not everything that counts can be counted."

*Jack Duggan  
Applegate*

## Just a Little Kindness

Just a little kindness, like the little candle that Shakespeare spoke of, spreads its beam afar. I am always glad when a political campaign is over, for then people speak in a kindlier fashion about our public servants.

The easiest thing in all this world is to be kind, to be considerate, and broadly tolerant. We are a family. It's truly One World and the Creator meant that we should work together happily, with the least possible friction. What immortal words were those of Abraham Lincoln, spoken at his first inaugural: "We are not enemies, but friends. We must not be enemies. Tho' passion may have strained, it must not break our bonds of affection. The mystic cords of memory, stretching from every battlefield and patriot grave

to every living heart and hearthstone all over this broad land will yet swell the chorus of the Union, when again touched, as surely they will be, by the better angels of our nature."

Peace in the heart, and universal peace among all mankind, is not born of hatred and bitterness, but of kindness and consideration – by "the better angels of our nature". There is no greater lesson for any of us to learn – and to learn thoroughly (sic) – than just to be kind!

*From George Matthew Adams Service, 1944. Submitted to us by Joan Long of Pioneer Village who was sent this article by her grandmother in the 1940's; and who told her to "read it once a week." Joan thought it would be a timely reminder for all of us in 2011.*

## Uncertainty is Not a Malady

Although it is not a systemic threat, probably no animals, human beings included, are comfortable with uncertainty. However, when a question arises, this universal condition of being does not justify a rush to judgement based on flimsy data nor personal opinion. Scientists understand this; the rest of us have a less secure grasp.

Certainty, while universally embraced, is rather difficult to come by, and its scarcity makes jumping to conclusions all the more tempting when claiming unassailable personal conviction or possession of indisputable facts. In the case of political certainty, the term "delusional" comes to mind, not only with respect to the use of imprecise language and uncritical thinking, but also the carnage such certainty has often left in its wake, usually brushed aside by true believers as collateral damage or unintended consequences – or the result of the natural order of things.

In reality, we are always playing the odds, and reason for a cause of action, belief, or theoretical foundation is sufficient only when the evidence becomes overwhelming, as beyond the shadow of a reasonable doubt. You may agree with me that decision makers who believe themselves wrapped in the cozy attire of certainty are often wearing no clothes whatever.

How might this sort of discussion be applicable to life in Jacksonville? Perhaps our new city council, in the wake of the former one, might give some thought to their manner of decision making, in advance of making any serious decisions. There are areas of responsibility that require the guidance of real expertise – city administration, noise ordinances, properly budgeted purchases, historic preservation, holiday electric lighting, emergency services, asset disposition and disposal, etc. – where exercise of guessing, interest politics, favoritism, and personal belief and prejudice should be largely excluded from the process.

Surely, uncertainty is preferable to unwarranted certitude, and study and due diligence far superior to guesswork. Good managerial judgement requires thorough research and a base of knowledge appropriate to the issue at hand, not to mention

personal commitment, hard work, dedication of valuable time, and a collegial attitude toward others. Isn't this what councillors are elected to undertake? Isn't it implicit in their candidacy, and in the assent of voters? A council seat, especially the mayoralty, should not be viewed as ceremonial, honorary, nor the reward of a popularity contest. It is a serious assignment, one not to be colored so much by personal convictions as by an affection for pertinent facts (including applicable codes) and the likely effects of informed action – or inaction.

Elections are not lotteries. Legislators are elected to think, not simply to vote the urges of certainty based on private affiliations or philosophy – nor even the urgings of the electorate, for that matter. Our town is governed by a representative body, not by a directly democratic town hall process. Groundless certitude is as much a danger as certainty is a goal, but certainty born of nothing more than a priori bias is a travesty of democratic process, representative or otherwise.

There will be many decisions to be made, some areas of concern not available to any balm nor action from Council. Our town is a precious resource to ourselves, our region, to our state and to posterity, and it survives by volunteerism, a long standing tradition here, and the town's salvation. If we are to expect it of Council, I would suggest that volunteers should also submit themselves to rational process, and avoid certainty in absence of facts in evidence. There is much to do. Our old town continues to decay, yet the funds to insure its preservation are non-existent with respect to fire and earthquake and scarce for any purpose. There are politics afoot which have the potential to help or hinder depending on the good will and fealty of the influential to the rules, and of politicians and government agencies outside the town. Whatever the specifics, it is time for all of us invested in this place, emotionally or financially, to rededicate ourselves to volunteer effort, and to seriously consider our impact upon Jacksonville's future. That is certain.

*Gary R. Collins  
Jacksonville*

## A Jewel of a Compliment

Dear Whitman and Jo Parker:

While visiting my daughter and family in Medford over the Christmas holiday, they knew to bring us to Jacksonville! What a treat – Good Bean Coffee, Scheffel's Toys, Bella Union, just to name a few.

However, my reason for writing is to

congratulate you on a superb newspaper. So well written, put together and it lacks for nothing. The Jacksonville Review is a jewel in your wonderful city.

The best of 2011 to you, and God bless you richly.

*Roxanna Gage, Plano, TX*

## THANK YOU to our Contributors!

- |                         |                       |                      |
|-------------------------|-----------------------|----------------------|
| • Michael Altman        | • Devin Hull          | • Kathy Tiller       |
| • Paul Becker           | • Kate Ingram         | • Michelle Tresemer  |
| • Bob Budesza           | • Constance Jesser    | • John Trivers       |
| • Lori Buerk            | • Matt Jorizzo        | • Stacy Van Voorhees |
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| • Kathleen Crawford     | • Margaret LaPlante   | • Allison Weiss      |
| • Julie Danielson       | • Louise Lavergne     | • Kristi Wellburn    |
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| • Paula & Terry Erdmann | • Sandy Metwally      | • Gaye Wilson        |
| • Joey Gnan             | • Carol Jo Pettit     | • Paul Wyntergreen   |
| • Adam Haynes           | • Kathy Pyle          | <b>Photographers</b> |
| • Jeresa Hren           | • Tami Rogers         | • Christina Lessa    |
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**Letters Policy:** Letters to the editor may be emailed to whitman@thejacksonvillereview.com or mailed to PO Box 1114, Jacksonville OR 97530.

All letters are limited to 300 words unless otherwise agreed to in advance.

*Editor reserves the right to edit letters for punctuation and grammar.*

## A Shining and Defining Moment – How the Battle for a Council Seat Ends Heroically!

by Whitman Parker

By 6:45 pm on Tuesday, January 4, City Hall was a sardine can - packed to the gills with citizens searching for seats to the first City Council meeting of the year. The main attraction: find out who would become Jacksonville's next mayor and city councilor. After gaveling the meeting to order at 7 sharp, Council President Paul Becker wasted no time getting to the bills and minutes. Once approved, he moved on and was explaining THE agenda item of the night - that the Council would follow well-established City Charter policies to elect a new mayor and replacement councilor. Becker



Newly Elected City Councilors being sworn-in by City Clerk, Jan Garcia: Dan Winterburn, Paul Hayes, Christina Duane & Jim Lewis

called on the Council for nominees to replace Bruce Garrett as Mayor. Garrett had resigned in December after deciding not to fight a recall effort that had snared him, Councilor Becker and Councilor Donna Schatz. (Inexplicably, Councilor Becker had been "excused" from the recall effort by Chief Petitioner, Hubert Smith.)

Without hesitation, newly elected Councilor Paul Hayes nominated Mr. Becker to be Jacksonville's next Mayor. The action was swiftly countered as newly elected Councilor Christina Duane nominated Former Mayor Jim Lewis for the job. Moments before the nominations, Hayes, Lewis, Duane (and Dan Winterburn) had been sworn-in to office by City Clerk, Jan Garcia. A written vote was conducted.

Moments later, Garcia collected square slips of paper on which all six councilors had jotted their choice for Mayor. Garcia read each aloud and Becker had received four votes: from Becker himself, Winterburn, Schatz, and Hayes. Becker was declared the winner by a 4-2 vote and promptly sworn-in.

Becker's first action as Mayor was to resign his remaining two year council seat. As he did so, he told the audience that he liked open discussion and valued all opinions... and that hearing and considering all ideas was the only way one could grow as a person. Next, he read a prepared statement in which he wished for transparency and hoped for a new council that would accept responsibility and actually govern...something wished-for in the past.

Filling the vacant two-year council seat proved more difficult and time consuming a task after Jim Lewis nominated David Jesser and Paul Hayes nominated Jerry Mathern for the spot. Mathern had been tapped and filled a three month council vacancy in late 2010 after Linda Meyers resigned her council seat. Mathern did not formally run for council in November, 2010 despite launching a late and somewhat lackluster write-in campaign in which he received the fewest votes.

Following spirited discussion from the council and the public on the merits of each candidate, Garcia again read the vote results - it was a 3-3 tie with Lewis, Duane and Schatz supporting Jesser and Becker, Winterburn and Hayes supporting Mathern.

Deadlocked and dismayed, some councilors and audience members lobbied for tabling the issue until the next council meeting. Others, including Paul Hayes argued that filling the seat now was best as the public was sick and tired of council pushing off things to the future

and ignoring its present responsibilities. Hayes' argument won-out as more discussion and public comment filled City Hall. Points made included weather or not council should follow a loosely defined and informal precedent that vacant council appointments should go to the next highest vote getter from the

most recent election. Jim Lewis was first to point out that Jesser had won 700 votes in November, just 3 shy of winning a seat. Not appointing Jesser, former Mayor Lewis insisted, would disenfranchise those voters. Even though he had been appointed to a council vacancy as

the next highest vote getter in 2008, Dan Winterburn trashed the idea as he shook his finger in the air and stated that no process or ordinance on the matter existed.

Jim Lewis remained calm and again stated that 700 votes should not be taken lightly and that listening to the voters was of paramount importance - echoing Mayor Becker's opening remarks.

The riveted audience was listening intently and again was eager to address council.

Jesser and Mathern supporters were vocal. All made good cases for their man, including those who felt Mathern's business background and past council and Planning Commission positions gave him the edge in terms of experience.

The mood in the room darkened when Planning Commissioner Art Krueger attacked Jesser's qualifications, posturing that Jacksonville "could not take chances with Jesser." At this point, the Jesser support team kicked into high gear as four citizens marched to the podium, including yours truly. I argued that Jesser was well-qualified, had serious math and financial skills, had great experience as a Planning Commissioner, had done a great job starting and running JOBA. I also expressed

that the younger citizens in town deserve representation and that Jesser and Christina Duane filled the need.

With emotions running high, a calm and collected Mayor Becker kept the meeting from getting out of control. Christina Duane again appealed for a balanced council and reiterated support for Jesser. After more appeals, Councilor Winterburn made a motion to table the issue to a future date. As earlier, the strategic move to delay the appointment was killed when the move failed in a 3-3 tie.

Shortly thereafter, Paul Hayes admitted that he opposed Jesser because Jesser had "gone after" the Chamber of Commerce's contract to operate the Visitors Center. What the audience did not hear was that the Request for Proposal to operate the VC had been ordered by Mayor Garrett and that JOBA had simply submitted a proposal which was then denied by the council and awarded to the Chamber.

Nell Mathern, Jerry's wife, was next to address the council. She was a class act as she applauded her husband and Jesser for their willingness to serve as volunteers. She was quick to point out that she and her daughter loved shopping at Jesser's store, the Mercantile. Before returning to her seat with applause hanging in the air, she had appealed to everyone that the proceedings should be conducted in a human and dignified fashion. She had no idea that the next two speakers would be the very men she had just complimented.

Standing at the podium, a thoughtful Jesser took the high ground as he countered Hayes' accusations. Jesser

turned to face the audience and set the record straight about his service as Chamber Treasurer and his rationale for starting JOBA. Many in the audience clapped after hearing Jesser say that his only interest was building a better town, stronger business climate and stronger sense of community.

The final speaker of the evening was Jerry Mathern, who, as it turned out, was the hero of the evening. Speaking softly but firmly, Mathern reflected that when he was appointed to fill Meyers' vacant council seat a few months back, he was adamant about respecting what the people wanted. Still feeling the same way, he then backed Jim Lewis, Christina Duane who felt that Jesser's 700 votes counted for something and deserved due respect. He also agreed that the will of the people had been clear in the recent election.

What followed was a shining moment - it was THE moment that gives one confidence in this town's future. Jerry Mathern WITHREW his name from consideration and yielded the vacant council seat to David Jesser! Mathern then received a well-deserved standing ovation, complete with exuberant applause, cheers and pats on the back. In a flash, Jerry Mathern personified a fine gentlemen-citizen-statesman - one willing to place principles above self-interest. For

me, Jerry Mathern had just demonstrated true leadership by example and magically restored faith in our local government and the ability to solve issues with dignity, respect and honor. It was the finest demonstration of ethics in action I've seen in my tenure as Publisher of this paper.

Within minutes, Mayor Becker, Councilors Hayes, Lewis, Schatz and Duane voted to appoint David Jesser to the vacant council seat by a 5-1 vote. Councilor Winterburn abstained without explanation. For the third time of the evening, City Clerk Garcia administered the Oath of Office. David Jesser then took his seat at the Council table.



Newly Appointed City Councilor: David Jesser

Footnote: The full 7 member Council then accepted nominations for Council President - the one who fills in when the Mayor is absent. On that front, Jim Lewis defeated Dan Winterburn for the spot by a 4-3 vote.

### Study Session Yields Valuable Input on Future Role of City Administrator Post

A week after being sworn-in, Mayor Paul Becker presided over his first City Council study session to gain a clearer picture of how city staff, the public and council felt about filling the soon-to-be vacant City Administrator (CA) position. Paul Wyntergreen, who served as Jacksonville's CA for twenty years, resigned his post in December in order to become the City Manager in Tillamook, Oregon. Wyntergreen, who did not attend the study session, departs his Jacksonville post on January 28.

City Recorder, Jan Garcia cited a memo prepared by her and City Treasurer, Stacey McNichols, both of whom felt a CA was integral to performing their jobs. Garcia was the first staffer to suggest that Public Works Director, Jeff Alvis be named Interim-City Administrator.

Council discussion included reference to a pie-chart that detailed all CA job responsibilities and time spent: Budget 25%, Policy & Code Enforcement 30%, Employees 20%, Purchasing 5%, Property Management 10%, Streets, Roads, Parks, Water System 10%.

Fire Chief Chris Arnold backed Alvis as Interim CA. In a memo, Arnold stated, "We can not exaggerate the role of the CA...in assuring that the daily operations of the city and its departments are coordinated...the CA plays an integral role in the Emergency Operations Plan." Sergeant Dan Moore spoke on behalf of Police Chief Dave Towe, telling council that Alvis had the full support of the Police Department. City Planner Amy Stevenson also backed Alvis, but questioned the need for a full-time CA until more information was available.

Clara Wendt voiced concern that the council-imposed three month timeline to fill the CA spot was too short and could take up to eight months to fill. Nancy O'Connell, a member of the Budget Committee, stated support for Alvis and advised paying close attention to the revised budget numbers when refilling the post. Linda Graham supported Alvis but questioned the need for a full time CA. She noted the "all in one City Administrator position was a failure for 18 years and that the personnel management side of the CA job should be separated out... it was a great weakness that left the city hanging." Tony Hess likened the

role of a CA to that of a corporate CEO running a small company and suggested that replacement mechanisms offered through the League of Oregon Cities (LOC) should be followed. Jerry Mathern suggested that if a newly designed CA position saved money, funds should be directed to the Fire Department budget.

Council input began when Christina Duane suggested appointing Alvis for six months, during which time the council should update the CA job description reflective of Vision 2028 goals wherein the CA is more focused on economic development work. David Jesser suggested paring down the CA role, including shifting portions of planning work back to the Planning Department staff. Looking to the city's future needs, Jesser agreed with wise budgeting and "using the resources already here." Dan Winterburn raised the point that volunteers are ready to assist the city and expressed the need for team work to move ahead. Jim Lewis commented that in his 23 years on Council, that a CA was invaluable. His point that "if we need an interim CA, then we need a full time CA," was well-received. Donna Schatz complimented Paul Wyntergreen's "fantastic writing skills," as she reminded her fellow councilors that he'd written most of the city's grants, Ordinances and Resolutions. Any replacement CA, she said, should have excellent writing skills. Mayor Becker finished Council input by reiterating his desire to formally name Jeff Alvis as Interim-CA at the next Council meeting.

Council held another study session on January 25, reaching agreement to "wait and see" how Alvis performs as Interim CA before exploring further replacement options. Taking a position of allowing Alvis to prove himself over the next six months, Council will conduct a performance review in 90 days. Council was adamant that if needed, a part time or contract employee should be hired in the event Alvis needs assistance in an area he lacks expertise, such as grant writing.

Finally, as a precautionary planning measure, Council agreed that Mayor Becker should begin meeting with interested CA candidates who have expressed interest in the full time job and those willing to fill in and back up Alvis.

# SPOTLIGHT

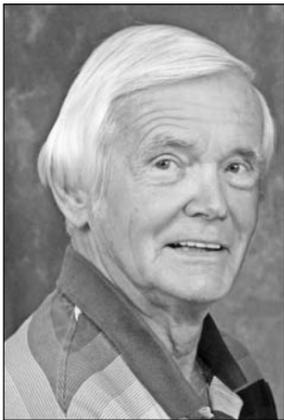
## Jacksonville Lion's Club Annual Donation Benefits Kids In Need of Comfort



In January, members of the **Jacksonville Lion's Club** gathered at the Fire Station to present the Fire and Police Departments with bags of new stuffed animals to be distributed to children during emergency response situations. The annual program benefits area kids involved in car accidents, house fires, domestic disputes

and other incidents involving young children in need of comfort. Pictured here l-r: Fire **Chief, Chris Arnold, Police Officer, Bill Lupton, Tony Antonides, Jim McClelland, Nick Nichols, Don Cohoon, Lou Mayersky, Jack Pfeifer, Gary Ames, Fireman, Alex Cummings, Fireman, Chris Moore.**

## Jim Hutchins Makes "Tracks"



The opening passage of **Jim Hutchins'** book, "Tracks," speaks volumes about a man with a zest for the outdoor life and a passion for sharing it with

others. "Tracks" takes the reader on a journey filled with Jim's stories, poems and drawings that were inspired by a lifetime of living what he loves – the outdoors. Filled with stories of rivers and mountains, of those who fish and climb them and the wildlife that inhabits them, "Tracks" transports you back to a simpler time when one's outdoor environment was one's playground. "I am having an incredible life enjoying the rivers, streams, and mountains of the Pacific Northwest," says 75 year old, Hutchins. (He looks 50!) Born in Seattle in 1935, Jim moved with his family to Green River, Washington where he spent an idyllic childhood chasing frogs, fishing for trout, bird watching and just being a kid. He notes, "There were fewer distractions in those days, no video, no television... I had an early sense of exploration...boy, this was fun stuff."

After moving with his wife Carla and young son to Medford from Southern California in 1989, the family purchased an 11 acre farm outside Jacksonville where they still live today. "In 1993, Jim founded a program called "Rural Outdoor Education," later named, "Oregon Stewardship." The program was designed to share his sense of exploration with school kids of all ages. Since then, Jim has helped thousands of elementary, middle, high school and college students learn to improve and preserve eco-systems in their communities through classroom and outdoor hands-on projects. "The thread that has woven my life together," Jim writes, "has been my fascination and oneness with the smallest of streams to the largest of rivers."

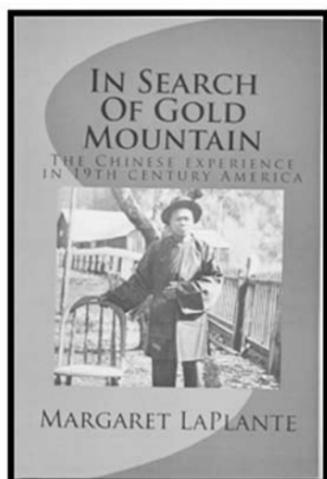


"Tracks" is filled with Jim's heartfelt stories, poems, sketches, paintings, and observations and is a must read for anyone who loves the outdoors.

**Jim will hold a very special Book Signing and reading at Pony Espresso on Sunday, February 20 from 2-4 pm. "Tracks" may be purchased at the event for \$15 with all proceeds benefiting Oregon Stewardship. Pony Espresso is located at 545 N. 5th Street.**

## Local Author Releases New Book on the Chinese Experience in 19th Century America

Local historian and author **Margaret LaPlante** announces the release of her latest book, *In Search Of Gold Mountain: The Chinese Experience In 19th Century America*. LaPlante says the book is an overview of the Chinese who came to America in the mid-late 1800s. She says the book explores why the Chinese came to America, the work they did (beyond gold mining and building the railroads,) the discrimination they faced while living in America and what happened to them. The book includes many historic photographs of the Chinese in the Pacific Northwest. *The cost is \$10 and the books will be available on February 12 at the old City Hall from 1-2 p.m. or through [roguecrime.com](http://roguecrime.com), [Amazon.com](http://Amazon.com) or [Kindle.com](http://Kindle.com).*



## Food Project Comes to Jacksonville—How to help your neighbors, one small green bag at a time!

Anyone who knows **Susan Whipple** understands that she's a woman who lives by the motto, "See a need...fill a need."

Last year, she's the one who took on the City Council and helped save St. Andrews' Church from being sold. This past December 17, Susan read a Mail Tribune article by Sanne Specht titled, "A Place at the Table," about the newly-established **Medford Food Program (MFP)**. The program, which began in Ashland in 2009, had one simple goal: find food donors to fill lime green grocery sacks with non-perishable food items to help feed the hungry in our community. The article whipped Whipple into action once again!

The success of the Ashland/Talent program has expanded. The first Pickup Day, in 2009, netted 600 pounds of food. By December, 2010, the collection was over 55 tons. Food bags are collected



Susan Whipple with two of her Grandchildren and grand dog, Nana.

every two months and distributed from a central collection site to well-established food pantries and distribution networks including ACCESS, the Salvation Army, Saint Vincent DePaul, St. Marks' Episcopal Church, the Medford Gospel Mission and many more. The Jacksonville Food & Friends program will likely be a direct beneficiary of the local program, as well.

"For the new Jacksonville project," Whipple says, "Our first Pickup Day is Saturday, February 12. The next will be in April, then June, August, October and December. We expect a great response to this project and are looking for NC's – Neighborhood Coordinators – those who will collect food from an area they deem their 'neighborhood.'" As NC's, Whipple and her daughter, Carrie Phillips, have already signed up 29 food donors, including businesses such as the

Magnolia Inn, Jacksonville Insurance, Segway, Healing Point Acupuncture, and 5th Street Flowers.

The remarkably simple system is built around two types of volunteers: Neighborhood Coordinators (NC's,) who organize a small group of their neighbors to become Food Donors (FD's). Susan explains, "An NC's donor group can be any number of people. My donor group is centered around my home on 9th Street and my daughter Carrie's

group is centered around her home on 8th Street, both of which are close to our beloved St. Andrews Church. Together, our "neighborhoods" are about twenty or so homes so far. It's easy, as an NC, you just decide what makes up your neighborhood... a few homes, a block... whatever you feel comfortable with."

Whipple began by knocking on a few doors and explaining how the program worked and was immediately pleased with how many of her neighbors were eager to participate. "Basically," I tell them, "when you go to the grocery store, just buy an extra item or two a week and place it in the green bag. When Pickup day rolls around, leave the bag on your front porch for me to pick up and take to the collection site. I will also leave you a new green bag that'll be picked up in two months. Simple... simple...simple!"

Whipple notes that Jacksonville's green bags of food will likely be taken to the old South Medford High School on Oakdale Avenue where representatives from the food banks will receive the food, weigh, sort, stack and pack it for distribution.

*Interested residents can contact Susan Whipple at 541-899-1458 to learn more about this incredibly simple yet effective volunteer program.*

## Public Baths Benefit From Generous Donation



and Public Works Director, Jeff Alvis, "The funds enabled us to do major renovations, including installing new

A \$5,000 donation from **Dave & Janice Mills** of Jacksonville enabled the city to remodel the dated and deteriorating 3rd Street Bathrooms. According to Interim City Administrator

flooring, fixtures, E-Z clean walls, and painting the entire inside." The project was completed by Todd Zitzner Construction of Jacksonville in time for the Victorian Christmas and Chinese New Year celebrations. In 2010, the Mills also made major contributions in support of Jacksonville's 150th celebration, McCully House Christmas Tree Lighting event and helped raise \$29,000 at a private fundraiser for the Sparrow Club. The Mills own Airport Chevrolet/Cadillac, Dollar Buick/GMC and other auto dealerships. In 2010, Dave Mills was recognized by the Medford Chamber of Commerce as its Outstanding Corporate Citizen.

## Jacksonville Kiwanis Honors Student of the Month

The Kiwanis Club of Jacksonville has honored **Madeleine Marcus** as Student of the Month for **December**, a sophomore at South Medford High School.

Madi, as she prefers to be called, is the daughter of Dave and Gina Marcus of Jacksonville, and carries a 4.0 grade point average. In her courses taken, she has scored Honors in Pre-Calculus, Physical Science, and Biology, and has taken AP U.S. History, English, French I and II, and Advanced Theatre as well.

She has participated in Varsity Brain Bowl, and is a member of the Varsity Girl's Tennis Team

At this point in her life, her goals remain unsure, but she plans to attend college and to form a career path. She feels that her teachers have influenced her writing style and overall personality. She

once wrote a report on Eleanor Roosevelt and has loved her ever since. She also respects Abigail Adams for her letters to her husband on behalf of women's rights.

*For further information, contact Gay Wilson at 541- 899-1934, e-mail: [d\\_wilson541@charter.net](mailto:d_wilson541@charter.net).*



Madeleine Marcus & Kiwanis, Gay Wilson.

## RETROSPECTIVE by Paul Wyntergreen

History is illuminated by its never-ending changes. Like offspring, each era unfolds from its predecessor and becomes something wonderfully unique. The layered glories that make up this National Historic Landmark town were shaped by that very phenomenon of change. There are those who wish to keep Jacksonville as it was; however, that is not possible because it has already been so many different things.

As this is written, Jacksonville is in the middle of another intriguing transition period between two eras. The perturbation that we are witnessing is normal, a historical transformation for a town that has already seen so many transformations.

As I am leaving my position as the Administrator of the City of Jacksonville, I am reminded of when I started my position during the last major time of transition in the early 1990's. Back then, the Jacksonville Bakery was the primary morning gathering spot; the Jube Club dominated the evening. You bought your liquor at Mimi's Yarn Shop; you rented your videos at the dilapidated Pioneer Village fort. The Southern Oregon Historical Society, with its seemingly unlimited resources, was a key employer and property owner within the community.

All of that was soon to change. Jacksonville was in the midst of a five-year water moratorium, which had followed close on the heels of a ten-year sewer moratorium. An older way of life from when "Timber was King" was ending while "California" newcomers were knocking at the gates. The City's own Mayor was bringing lawsuits against it as were land-use watchdog groups and various development interests. If you built a house, you were required to put in a swimming pool for the City to draw down if there was a fire. During hot spells, fire engines would patrol the City with loudspeakers calling on citizens to curtail their water usage. Residents were stopping aggregate trucks with a shotgun in their hands.

Long debates would occur over whether the City should get involved in the new idea to purchase ridgetop woodland areas in order to develop a Natural Park and Trail System, or leave those properties on the tax rolls for future development. The naysayers claimed that "no one wants strangers walking down a trail by their backyard", but as it turned out, proximity to those trails became an asset.

Then, as now, opinions were all over the place. In order to meld this valuable diversity into one positive focus, a multi-year Visioning process was conducted which led to a complete overhaul of the City's Comprehensive Plan and

development ordinances into documents that were tailored to Jacksonville's special historic character, rather than copied from standardized suburban-style cities. The adoption of these innovative land use revisions (including prohibitions on drive-thrus and other modern incompatible mass-merchandising concepts) enabled the City to lift an extended state-imposed Enforcement Order as to how we must grow and, as a result, Jacksonville received the State



Historic Preservation Office's 1997 award in Preservation Planning.

At the same time, the completion of a five million dollar water system improvement project allowed the City to lift its water moratorium and with great anxiety, its citizens awaited a deluge of development. While there was a significant amount of pent-up pressure, it did not overwhelm the community for its house, its

codes, management, and financial situation, was now in order.

In order to provide carrots to complement the sticks, the City through the benefit of several endowments, grants, and the creation of new programs such as Urban Renewal, developed a broad array of historic preservation projects and initiatives that the community now enjoys.

By taking advantage of grant opportunities, the City constructed a parking and visitors' center in the heart of the City that integrated with the new Library, and, when combined with a simultaneously-implemented residential parking permit system, helped to alleviate many of the negative impacts arising from the increasingly popular Britt Festivals. An extended mediation was conducted with Britt Festivals and adjacent neighbors in order to iron out the remaining issues so that the music festivals could thrive while minimizing noise and other impacts. In the end, simple communication solved the problems.

These past two decades have seen the City transition from tumult to stability and come to a place of renewed pride sharing a Sister City relationship with the gold-mining town of Lawrence, New Zealand and celebrating Jacksonville's 150th Anniversary.

One of the high-points of the 150th celebration for me was the development of a Jacksonville song cycle, which celebrated the many eras of our multi-faceted history. I am proud to have helped the City bring one of those change-periods to fruition and trust that the next era will soon find its feet on a new, and equally-historic, path.



## Action Jacksonville

by Stacy Van Voorhees

### Call to Action Jacksonville!

Jacksonville appears to be a small town. Our quaint historical home, with under 3000 people and not a single traffic light certainly has small town characteristics. However, consider the online definition of "small town:" "Limited in outlook or experience; unsophisticated; provincial; showing little interest in things that are not familiar or traditional." I beg to differ.

The CITY of Jacksonville is a living, robust organism comprised of citizens and the city government - Council, Commissions and Committees - that represents them. There is a precarious imbalance in the present state of government that needs addressing. We have had major mayoral turnover, City Council drama, JV Fire Department upheaval, our City Administrator has left and there are frustrated grumblings on all sides of the issues.

Presently, the majority of citizens participating in city government are established long-time residents with vested interests, businesses and family histories - some spanning generations. Many in this camp would prefer status quo, keeping Jacksonville cozy and controllable, familiar and traditional.

But, Jacksonville's population has grown approximately 27% over the past ten years. **This camp represents a variety of demographics, but a big proportion of the people are young adult (20 - 40) professionals and families. There is a dearth of civic participation by, thus representation of, these new-arrivals.**

Part of the imbalance may be explained by lifestyle limitations. While the long-term camp tends to have tenure, wealth, power and time on their side, most in the new-arrival camp have full-time jobs, young families, and hectic schedules to abide.

Part of the imbalance may also be explained by conflicting (generalized) generational values. The "Silent Generation" (born 1925-1945) respects authority, order and duty while championing dedication, hard work and sacrifice. "Baby Boomers" (born 1946-1964) prioritize personal gratification and growth, but also believe in teamwork and community involvement.

"Generation X" (born 1961-1981) (again, generalized) values self-reliance and independence, preferring fun to duty. "Millennials" (born 1977-2003) have confidence and sociability with inclinations toward collective action, diversity and morality. It is to these generations, primarily, this Call to Action Jacksonville! is directed.

Whatever the reasoning, imbalance begets conflict. On the other hand, it also begets motivation. One way to restore balance toward civic health is for the new-arrival camp to participate in the various committees and commissions that help Jacksonville run smoothly. They are groups of regular citizens that meet once a month, quarterly, or as needed (some haven't met for months) to address city issues: budget, city planning, cemetery, public safety, parking, utilities, parks & recreation, film, etc.

The existing groups have been doing their dutiful service to Jacksonville for many years. **But our city's government is in search of new blood** (minus the sweat and tears) - citizens of all demographics and backgrounds. Minimal time and motivation is a small price to pay for a well-represented citizenry.

As sweet as "small town" sounds, in order to thrive, Jacksonville needs broad outlook, experience, sophistication and interest in things traditional and original. Call to Action Jacksonville!

### Have a night out and see what it's all about!

Join Action Jacksonville at Lodestar ([www.lodestarbar.com](http://www.lodestarbar.com)) on Tuesday, Feb 22 at 6:00. Have hunger and thirst? Food and drink specials created for those wanting to know more about how to participate in the City of Jacksonville government. Bring your questions. Info and applications will be provided (also available at City Hall or from Jan Garcia - 541-899-1231 x113.)



CITY OF JACKSONVILLE  
ANNOUNCEMENT

### Want to become more involved in your city?

The following committees and commissions are available for you to serve on:

- |                                |  |
|--------------------------------|--|
| <b>Budget Committee</b>        | <b>Transient Lodging Tax Committee</b> |
| <b>Planning Commission</b>     | <b>Citizen Community Involvement</b>   |
| <b>Cemetery Commission</b>     | <b>HARC (Historic/Architectural)</b>   |
| <b>Public Safety Committee</b> | <b>Parks, Rec, Visitors Committee</b>  |
| <b>Parking Commission</b>      | <b>Land and Building Committee</b>     |
| <b>Movie Committee</b>         | <b>Utility Committee</b>               |

Applications are available online or at the front desk at City Hall.

For further information, please contact Jan Garcia at 541.899.1231 x 113 or by email at [recorder@jacksonvilleor.us](mailto:recorder@jacksonvilleor.us)  
110 E. Main St., Jacksonville, OR 97530  
[www.cityofjacksonvilleoregon.com](http://www.cityofjacksonvilleoregon.com)

HISTORIC PRESERVATION FUND (HPF)  
2011 GRANT PROGRAM

**Application Deadline:**  
**March 1, 2010**  
**4:00 PM**

**Historical and Architectural Review Commission (HARC)**  
**- Call for Applications -**

The City of Jacksonville, through the Historical and Architectural Review Commission, established a Historic Preservation Fund (HPF) Grant Program in 2007. It is the intent of the City to use a local HPF to return Contributing Historic Resources on the City of Jacksonville Landmark List to their original design, character and integrity. The Grant Project is a highly competitive, 1:1 matching grant program, for exterior, structural and/or mechanical projects focusing on preservation, rehabilitation, restoration and or reconstruction for the long-term preservation of our most valued resources.

Applications are available at the City Offices located at 110 E. Main Street. Applicants are **required** to meet with the Historic Preservation Officer prior to submittal of the application. For more information contact the Planning Department at 541-899-1231.



## Garden Variety

by Michael Altman

### And Chocolate for All!

In recognition of February being "American Heart Month," and this being my first article for the Jacksonville Review and our "Garden Variety" series, I'd like to focus on the month's favorite food, which would no doubt be chocolate, considering Valentine's Day pulses strongly in the heart of the month.

The winter of 2010-2011 has been a banner season for chocolate, as a large consortium of researchers collaborated – with the help of some weighty financing – to sequence the genome of Theobroma cacao, the plant that was domesticated by the Mayans and is to this day the source of high quality chocolate.

What's even more intriguing is that at around the same time, partly with the help of Oregon State University scientists, researchers lifted the veil on the DNA sequence of strawberries. I think you see where I'm going. chocolate, strawberries. This sounds like a sweet, but not so subtle, coincidence, even a marketing conspiracy.

The scientific community claims that knowing the sequence of the genomes will enable growers to craft strains more resistant to disease and possibly cultivars that are also more nutritious, and that's the point here—dark chocolate and strawberries are already a potentially heart healthy combination, and though we won't be able to grow chocolate trees in our southern Oregon gardens without

a pretty fancy greenhouse, we can grow some fantastic strawberries.

Strawberries alone have been shown to lower markers of cardiovascular disease, including triglyceride and cholesterol levels, so eating strawberries after a meal may not be a bad idea. Dessert? Yes, please.

Dark chocolate produced by appropriate methods contributes significant amounts of beneficial flavonoids to the diet. These compounds may enhance cardiovascular health by delaying blood clotting (having "aspirin-like" effects), and helping to

reduce inflammation.

Dark chocolate has more antioxidants than tea or wine, on a per serving basis, providing broad protection against chronic disease.

Though we're a little early still for finding the season's best strawberries, chocolate is readily available at local companies such as Lillie Belle in Central Point and the Jacksonville Mercantile. I'm especially fond of Lillie Belle's "Red Velvet Almonds" which don't contain strawberries, but do boast some Ancho chile firepower, and aside from some added sugar, the health benefits of almonds, chocolate, and chiles—a combination for which your genome will surely be grateful.

Michael Altman is a nutritionist and herbalist who teaches at Southern Oregon University & College of the Siskiyou. He consults with individuals throughout the Rogue Valley and beyond. Reach him at altmanm@sou.edu.



## What's New at Britt in 2011!

Though it's hard to imagine on these cold winter days, warm summer nights at Britt will be here before we know it. As we plan for summer, we're planning several new things to enhance your Britt Experience.

### Britt Hill

One of the best parts of Britt has always been the opportunity to enjoy a relaxing picnic before the concert starts, while socializing with friends and family.

This year, we'll offer more opportunities for you to find that perfect pre-concert meal on the Hill. We'll have a new menu with expanded food options, including pizza and Mexican, Greek, Asian and American food offerings, coupled with new expanded beer and wine choices.

We're also planning a new concessions patio for patrons to enjoy all the new food and beverage options. The patio will include added tables and chairs, as well as a small performance space. Patrons will be able to sit and enjoy a great meal or a nice glass of wine, while listening to pre-concert music.

Also this year, we'll increase our reserved seating capacity. The front area of the lawn (between the stage and the reserved benches) will be sold as premium reserved lawn blankets for most concerts, with 30 blankets (for four people each) available for each performance. These blankets will allow both members and non-members to guarantee up-close seating without waiting in line or paying for a linesitter.

### Education

On the education front, we're planning several new programs to deepen our

connection to the community. The pre-concert music on the concessions patio is part of this initiative. Performers will include local musicians, students involved in Britt's educational programs and others,

providing Britt audiences with exposure to new artists and talented students.

Also for 2011, the Britt Institute will present new offerings including an exciting new Rock Camp, geared

toward local students ages 14-20. In this camp, students will channel their inner rock star, and work on band rehearsals, songwriting, instrument instruction and studio recording time.

### Membership

As Britt's closest circle of support, members continue to be the key to our success. Members connect with Britt in many ways, and help us connect with the community. Members also get access to great benefits, including some benefits that are new in 2011. Members at the \$250 Donor level and above, for instance, will get first access to the Britt Hill through the new Early Entry Gate.

Of course, members also are first in line for access to all Britt concert tickets. Become a member today, and be among the first to see the lineup, when the 2011 Britt program is announced the evening of Wednesday, April 6.

Join us on the Britt Hill this summer and plan now to spend more time taking in all the new sights, sounds and tastes of summer. Look for more information, including a detailed menu and more details about our new educational offerings later this spring.



Photo: Josh Morell



## This Valentine's Day... the perfect gift!

Help your loved one to Rejuvenate and Relax with a **Gift Certificate for a massage** from our licensed massage therapist or an adjustment from the healing hands of Dr. Williams.



*Ahhhh... Thanks, Honey!  
You're the Best!*

JACKSONVILLE  
CHIROPRACTIC  
CLINIC

1/2 hour & 1 hour gift certificates available.

**Dr. Jason Williams - Chiropractic Physician**  
580 Blackstone Alley • Jacksonville, OR 97530  
541-899-2760

## Reflections

by Gates McKibbin

### Coming Home to Jacksonville

Last year two good friends of mine from Carmel decided to spend Labor Day weekend in Jacksonville on their way to Yachats and Portland. I cleared my calendar, cleaned my house and looked forward to our intriguing conversations and shared adventures. They arrived at Élan just as I was dropping off local wine, cheese and smoked salmon for their suite – essential provisions for a Rogue Valley respite. They enjoyed their initial visit to Jacksonville so much, they decided to stop off here again on their way home. The second time they loved it even more.

Not long afterward they called to say they were planning to return to Jacksonville the week of Thanksgiving. "We want to see if this is a fleeting infatuation or something more substantial," one of them commented. Then they revealed they had engaged a realtor to help them find a possible second home in Jacksonville. I was thrilled at the news and immediately planned two dinner parties to introduce them to friends from the area. That way they could take a deeper dive into what it is like to live here.

When they weren't looking at real estate, they were talking with shopkeepers and the friendly patrons of Good Bean and Pony Espresso about how they ended up in Jacksonville. "Everyone's story is essentially the same," they noted. "People were enchanted by the town, felt immediately part of the community and soon decided to move here. It's all about coming home."

By the end of the week my friends had found a place they were serious about purchasing. I tried not to get overly excited, recalling that a few years ago it had taken them three months to decide

which dishwasher to install in their kitchen. What were the chances they would buy a residence so quickly? I waited until after Christmas to contact them for an update, determined not to overwhelm them with the compelling reasons they should put down roots in Jacksonville. That's when I heard they were closing escrow on a property on January 6. Extraordinary!

Ever the inspired correspondents, they sent me a card featuring a monarch butterfly on the front. Inside were the words, "The migration continues." I remembered visits to Carmel when entire trees were burnished with the wings of these glorious migrating creatures. Now my friends were on their way here – not as visitors but as part-time residents. I was elated.

"It was like sliding down a Teflon tube – the easiest thing we have ever done," they recalled when they stopped by the other night. "From the beginning we were kidnapped by this place. We were heading down one track with our lives, then we arrived in Jacksonville. The town hijacked us, and we didn't resist."

I understood. I had slid down that same Teflon tube.

"We're supposed to return to Carmel in a few days, but we're considering staying longer," they admitted. "We simply don't want to leave."

"Of course not," I replied. "You're home."

*Gates McKibbin moved to Jacksonville after working and living in the Bay Area for three decades as a consultant to major corporations. This column contains her musings about this remarkable community and her new life far away from the fast lane.*



## The Unfettered Critic

by Paula Block Erdmann & Terry Erdmann

### For Your Consideration, or The Envelope, Please

With the fog dragging dreary dampness onto the patio, and hand warmers still desirable for walks in the woodlands, it's the perfect season for taking in some of 2010's best movies. Whether visiting the theatre or curling up with a DVD, you'll stay warm and dry while prepping for this year's Academy Awards broadcast. Your calendar is marked for February 27, right?

As we go to press, the nominees for Best Picture haven't yet been announced. However, we feel confident that the following films will make the cut.

1. *The Social Network*. Critics worldwide and the public at large have gushed over this dramatized tale about the founding of Facebook. If you think the subject matter sounds less than exciting, you couldn't be more mistaken. The movie already has earned top prizes from the National Society of Film Critics, the Critics Choice Awards and the Golden Globes. If you haven't seen it yet, it's now available on DVD.

2. *Black Swan*. A dark, disturbing story not for the easily creeped out. The cinematography, music and choreography will take your breath away, and Natalie Portman pirouettes from the ranks of "pretty young ingénue" to "major actress" in this portrait of a singularly driven ballerina struggling against inner demons while dancing the role of a lifetime. Does she gain the whirl but lose her soul? We recommend you see it to find out—but you may need a warm glass of milk to help you get to sleep afterward.

3. *True Grit*. A rare Western—and a superb action-adventure film to boot! You've probably heard that this retelling, starring Jeff Bridges, is very different from the version that starred John Wayne thirty-plus years ago. Truthfully, we found it not all that different, just (no pun intended) grittier. The old version brought Wayne his only Oscar. Bridges' interpretation of ornery, one-eyed

Marshall Rooster Cogburn is less loveable than Wayne's, but scene by scene, the story, and the movie, plays the same. Actress Hailee Steinfeld—just thirteen years old when she made the film—is remarkable as Mattie, a girl who has more grit than any of the menfolk. The movie is violent, with authentic cursing. Still, directors Joel and Ethan Coen aimed to make this film accessible for children of Hailee's age, and we think they hit the mark.

4. *The King's Speech*. This one is a "must-see," a fact-based historical that's entertaining as heck. It takes us inside England's Buckingham Palace for a series of surprisingly personal events in the moments leading up to World War II. The Golden Globe voters recently dubbed Colin Firth Best Actor for his sensitive performance as King George VI (father of the current Queen Elizabeth II), who struggles to overcome a life-long speech impediment in order to rally his people against Nazi invaders. Screenwriter David Seidler once approached the Queen Mother for permission to write this story of her stammering husband, only to be told, "Not in my lifetime." He waited thirty years until her death, at 101, in 2002. It was worth the wait.

So which is our choice for the Oscar? While our heads are pulling for *The Social Network*, our hearts are pumping for *The King's Speech*.

A side note: we saw one additional movie that we thought *might* draw an Oscar nod: *The Tourist*. It stars two of the most beautiful people in show biz, Johnny Depp and Angelina Jolie, and (we admit it) we couldn't stay away.

But we should have.

*Paula and Terry each have long impressive-sounding resumes implying that they are battle-scarred veterans of life within the Hollywood studios. They're now happily relaxed into Jacksonville.*



## Soul Matters

by Kate Ingram, M.A.

Tell me, what is it you plan to do  
with your one wild and precious life?  
"The Summer Day" by Mary Oliver

My husband and I were recently having dinner at a lovely, intimate restaurant. Seated next to us was a forty-something couple in the early stages of love. They were leaning in and smiling, holding hands the way you do in the early days of romance. Then I noticed the phone in his right hand. He stared at something intently. I glanced at the woman. She was staring down at her phone, upon which she was engrossed in a Google search.

Welcome to love in 2011. While I obviously saw the humor in this scene (and if you *don't*, you have a problem), I was also dismayed. It confirmed my worst suspicion: that intimacy has gone the way of L.P.'s, typewriters and beehive hairdos. I am sad. But more than this, I am deeply concerned.

It led me to think about the movie *WALL-E* in which all the humans have fled to an enormous spaceship, having destroyed the earth. Over time, the humans have devolved into literal blobs: boneless, inactive, constantly consuming, video-addicted, obese blobs who travel around on motorized chairs, big gulps in hand, glued to their video screens and oblivious to the other people cruising right beside them. At one point, two of the blobs get knocked out of their chairs and face one another, stunned and speechless: they are at a complete loss as to how to actually *be* with one another.

I find it bizarrely intriguing that we have become so addicted to being connected to everyone and everything all the time that we are losing our connection with the here and now. We are choosing virtual intimacy at the cost of real, tangible intimacy. I've watched people conduct entire transactions with another person and not look at them or speak with them once, because they are talking on their phone. I've watched people carry on long phone conversations while the person with them sits and stares blankly at the table.

What does it say to someone that they do not warrant your full attention? What does it say to the person sitting with you that you are willing to interrupt your conversation to answer every ring? Let's be honest: unless you are anticipating a call from the Nobel Committee at any moment, there's no reason not to turn off the phone. Such narcissistic behavior—and that is what it is—is disrespectful and dehumanizing. And the disrespect is exponential. In the service of being constantly "in touch" (a misnomer if ever there was one) we destroy other people's chance for an intimate experience by subjecting everyone around us to our "intimate" conversations.

Big deal, you say. Well, it is a big deal. It's a big fat deal and I'll tell you why. Distraction and diversion are death to intimacy, both with self and others, and the death of intimacy means the loss of a meaningful life. Our perpetual, largely vacuous busyness leads us away from our Selves, with a capital "S."

Our lives are easily frittered away in meaningless beguilement, a word that means both to divert and to mislead. We are being diverted and led away from what is most urgent and important, which is a meaningful relationship with living, breathing, animated life.

Just to be clear, I'm not bashing technology. I own both an iPhone and a laptop. I like them. Used consciously these technologies are incredible tools. Used unconsciously they can suck up time like a black hole. And time, as far as I am aware, is something none of us have a lot of—certainly none to waste. Filling up time and space with perpetual messaging, gaming, surfing and chatting is waste of a life. It's the equivalent of eating potato chips and a coke and calling it a meal.

We are, I fear, in the precarious position of gaining the world and losing our individual and collective soul. The torrent of transient and vacuous information sweeping over us threatens our soulful evolution. It diverts and misleads us away from what is urgent and precious within. It homogenizes us, when what we are here to do is differentiate; to find our unique voice, to manifest our particular Self.

But to find your voice you must be able to hear it over the din and the distraction of the shiny lure of technology. Only in an atmosphere of quiet intimacy—with our Selves or Nature or another—do we find the real stuff of life: compassion, peace, insight, perspective, understanding, beauty, truth, wisdom and love. And it is then, and only then, that our lives become truly meaningful.

We have such a small window in which to make this brief existence of ours rich and meaningful. Each moment is an opportunity to be intimate with life, to be receptive, to lean into the quiet whispers and intimate secrets that inspire and transform us.

It is easy to be caught and consumed like a hapless fly in the world wide web. Before you know it, hours can pass; maybe even your life. Before you know it, the date is over, your child has abandoned her creative enterprise, your friend has forgotten what it was they wanted to say, something of beauty went unseen and you...well, you have just lost something precious and unrepeatable. You have lost an irreplaceable moment of potential and possibility. You have lost a little bit of your life.

Which brings me back to that couple in the restaurant. The opportunity for real intimacy was *right there*. It was offering itself to them. Life is always offering itself to us, but we have to be open and available to receive it. I looked back at my husband, smiled, and turned off my phone. My wild and precious life was calling.

*Kate Ingram, M.A., is a writer, therapist and life coach when not chasing chickens or mothering her two young children. To find out more, please go to [www.katherineingram.com](http://www.katherineingram.com)*

## Rogue Valley Symphony Presents Clarinetist Jon Manasse

January brings the third concert series of the Rogue Valley Symphony's 2010-11 season with guest soloist **Jon Manasse** performing Mozart's *Clarinet Concerto*. Music Director Martin Majkut and the orchestra will perform another of Mozart's works, *Symphony #41, "Jupiter"* and Grieg's *Holberg Suite*. Concerts for this third series will be presented at **7:30 pm on Friday, January 28th in Ashland; at 7:30pm on Saturday, January 29th in Medford; and at 3pm on Sunday, January 30th in Grants Pass**. Music Director Martin Majkut and clarinetist Jon Manasse will be giving pre-concert talks beginning one hour before each performance.

Among the most distinguished classical woodwind artists of his generation, clarinetist **Jon Manasse** is internationally recognized for his inspiring artistry, uniquely glorious sound and charismatic performing style. Jon Manasse is also principal clarinetist of the American Ballet Theater Orchestra and the Mostly Mozart Festival Orchestra. In 2008 he was also appointed principal clarinetist and Ensemble Member of the Orchestra of St. Luke's in New York City. Manasse serves on the faculty of both The Juilliard School (his alma mater) and the Eastman School of Music. During last season, Manasse performed the world premiere performances of Lowell Liebermann's *Concerto for Clarinet & Orchestra*, which was commissioned for him. Manasse is

an avid chamber musician performing frequently in New York City and around the world. He continues to tour with pianist Jon Nakamatsu as half of the acclaimed Manasse/Nakamatsu Duo.

Manasse will be performing Mozart's *Clarinet Concerto* with the Rogue Valley Symphony. This concerto was written for Anton Stadler, who, like Manasse, excelled at the expressive subtleties of the clarinet paired with incredible agility of the whole of the instrument's range. This concerto reflects an intimate character that could be attributed to it being completed a few weeks before Mozart's death.

Paired with this late work of Mozart is another on this concert, *Symphony #41, "Jupiter."* This was Mozart's last symphony and remains one of his most popular. The outer movements are exuberant, joyous, and optimistic. The inner movements are more characteristic of elegant restraint, with a bit of Mozartian wit.



Jon Manasse  
Photo: Christina Lessa

The third work on this series is the *Holberg Suite* by Norwegian Edvard Grieg. This 5 movement dance suite for strings was written to commemorate the 200th anniversary of the birth of Danish/Norwegian humanist playwright Ludvig Holberg. Grieg's composition echoes those from the Age of Enlightenment.

For tickets please call the Box Office at (541) 552-6398, open in the Music Building of Southern Oregon University from 9am to 1pm, Monday through Friday.

Ashland ticket prices are \$33 and \$40; Medford tickets are \$26 and \$33; Grants Pass tickets are \$23 and \$30. A limited number of \$10 economy seats are available in Medford and Grants Pass beginning January 17th. Student tickets

are \$5 at each venue. Please visit the website at [www.rvsymphony.org](http://www.rvsymphony.org) for further details about the orchestra's season of concerts. The Rogue Valley Symphony Orchestra is generously supported by 2010-11 season sponsor Mr. Jim Collier.

In addition to the concerts, Jon Manasse and Martin Majkut will be presenting a free lecture on Friday, January 28, 2011 at 1 pm in Ashland at the SOU Music Recital Hall. The SOU Fine Arts Department offers the Convocation Series for students and the general public. The lecture will include information about the compositions featured on the upcoming RVS concerts and demonstrations from Mr. Manasse. For more information on the lecture, please contact the RVS Box Office at (541) 552-6398.



## Southern Oregon Historical Society

by Allison Weiss

### Resources, Relevance and Relationships

**R**esources, relevance, and relationships: three words that sum up the strategic direction of the Southern Oregon Historical Society. While our mission of preservation and education remains unchanged, the means by which we work towards our mission have changed dramatically.

The Three R's are our new guiding principles. With any new initiative, we will ask ourselves, Is this relevant to the community? Will it result in positive relationships? Do we have the resources to successfully implement it or will it lead to previously untapped resources?

Let's look **History: Made By You**, our new traveling exhibit program, as an example. The purpose of this program is to engage the community in creating exhibits hand-in-hand with SOHS staff. The program begins with a community forum (like one held in Central Point in January) at which we engage the community in lively conversation about local issues of importance. Then we explore the historic roots of these issues. The intent is to illustrate the continuum of history – how do present events link to past events? We believe that by helping people to make this connection, we make SOHS and history more relevant to the general public. For people who don't have roots in Southern Oregon, we hope to provide them with a bridge that will give them better understanding of their community.

History: Made By You also helps SOHS build relationships with new groups and individuals. Our pilot program in Central Point involved the Grange Co-op, the city, the Multicultural Committee, members of the arts community, seniors, and so

on. At the conclusion of the public forum, one topic is selected to be developed into an exhibit and volunteers join forces with SOHS staff to research the topic, select artifacts, and choose a location in which to install the exhibit. So instead of an exhibit only including the "voice" of a curator or historian, we can include many voices and involve many people who may otherwise not have a connection to SOHS or local history.

Lastly resources. The impetus to create traveling exhibits was in response to the criticism that the public does not get to see artifacts in our vast collection. We decided to focus on traveling exhibits because it is a way to quickly get artifacts into the public eye, and it allows us to meet the public where they are, instead of requiring the public to come to us, as in a traditional bricks and mortar museum. While traveling exhibits are much less expensive than large, permanent exhibits, there is still a cost to developing them. Many regional and local foundations have already contributed funds towards this program: the Oregon Cultural Trust, the Finninsula Foundation, the Naumes Family Foundation, and the Jackson County Cultural Coalition. We hope to attract more sponsors as the public sees the value in exhibits that meet people in their own community, focus on the issues most important to the community, and let the community participate in telling their own stories.

*Want to get involved in History: Made By You? Contact SOHS at (541) 494-0273 or [director@sohs.org](mailto:director@sohs.org) As always your thoughts and questions are welcome.*

## Jacksonville Boosters Honor Their Own

Every year Jacksonville Booster Club members volunteer countless hours to the Jacksonville community. At the end of each year the Club recognizes a few members at their annual Holiday celebration. For the 2010 year, awards went to the following outstanding individuals:

**Booster of the Year 2010: John Ellis.** John is the head of the Club's project committee. He tirelessly organized and carried out many work projects on behalf of the Boosters including painting the Food & Friends facility, renovating and painting of the Sexton's Tool House in Jacksonville's Historic Cemetery, and provided hours of assistance and guidance as a Booster Board Member. John and his wife Patti have lived in the Rogue Valley since 1975. They moved to Jacksonville in 1999 and joined the Booster's shortly thereafter.

**President's Award: Mary Ann Ramsden.** Mary Ann has been a Booster member for over 10 years and has been the Club's Vice President for the past 3 years. She contributes many hours to development of Club programs such as the spring/fall programs and the annual Holiday party. In addition, she arranges for speakers from various organizations of interest to speak at the Club's monthly membership meetings. You may also recognize Mary Ann from her numerous other community activities such as her membership in the Jacksonville Garden Club, Jacksonville Seniors, Board member for the Medford Jazz Jubilee, and as a District 2 Soroptimist Director.

**The Director's Award was shared this year by two Jacksonville Businesses:**

The first award went to Pioneer Village. Sherri Scott, Executive Director accepted the award on behalf of Pioneer Village. She and her staff have hosted the Club's annual Holiday celebration dinner for the past 3 years in Pioneer Village's wonderful facility. In addition, they play a special role each year by providing a van and driver during The Meet the Pioneer Cemetery Tours in Jacksonville's Historic Cemetery.

A second Director's Award will be announced in the Club's February membership meeting.

**Honorary Booster Membership:** Recognition is given to individuals who have provided years of Booster service and honors went to Velda Hawk as well as Ted & Joanne Schultz.

Ted and Joanne Schultz have volunteered over the years for the Citywide Cleanup and the Historic Jacksonville Home Tours. Velda Hawk has been very active in the community and the Historic Home Tours.

And finally, the giving spirit of the Booster's was once again evident as Club members collected and donated over 315 pounds of canned goods to the Access Food Bank to help those in need throughout Jackson County. Thank you to all Boosters for their generosity and support in 2010 and to the many fun projects ahead in 2011.

*If you are interested in membership or volunteer opportunities, contact:*

*Carolyn Kingsnorth at 541-245-3650*

*For donations or giving opportunities (Non-profit Booster Foundation), please contact Rob Buerk at 541-261-0327*

## The Good, the Bad, and the Ugly!

Good news—the first phase of the Britt Gardens Restoration Project will actually break ground in late February! Bid packages went out in mid-January and contractor bids are due back on February 1. A recommendation for the contractor for this phase will be presented to the Jacksonville City Council on February 15.

When completed, the Restoration will capture the essence of Peter Britt's original gardens, once a regional showcase and tourist destination in the Pacific Northwest, and the cradle of Southern Oregon's commercial orchard, vineyard, and horticulture industries. Existing Britt plantings will be preserved and cultivated, pivotal features in Britt's original garden design will be restored, and original plantings once featured in the gardens will be reintroduced.

Phase I of the Gardens Restoration will create the infrastructure that will underpin the eventual gardens plantings. During this phase, the pathway and stairs from Highway 238 that currently pass through the original Peter Britt Cabin site and Britt House kitchen will be rerouted around that area. Access paths will be created to the original site of Britt's Ivy House, an outbuilding that frequently appeared in Britt's photographs and that was used at one time as his "bank" for financial dealings with Chinese residents.

The current Britt House foundation, which was reconstructed as a 1976 Bicentennial project, will be excavated, creating a level area more adaptable for events. The foundation area will be made ADA accessible; and an ADA pathway from 1st Street to the Sarah Zigler trailhead will be created. This path will connect with a Britt Festivals redesign of its entry gate and also initiate the Jacksonville Woodlands Association's efforts to make the Sarah Zigler National Recreational Trail ADA accessible.

Key sites, including the locations of Peter Britt's original log cabin and his Ivy House discovered during a Jacksonville 150th Jubilee archaeological dig, will be preserved and protected. Interpretive signage will be added to share the significance of the site.

During this excavation and construction phase, the Lower Britt Gardens will be closed to all foot traffic from Highway

238 from late February through the end of May. The future gardens will appear more like a muddy mess during the path and stair removal and grading and construction processes. Construction work will also prevent the Gardens being used as the site of the annual Frank Carter Easter Egg Hunt this year.

However, Woodlands trail heads will continue to be accessible from 1st Street, Fir Street, and/or the Britt Festival amphitheater grounds. And the Jacksonville Heritage Society has offered the use of the Beekman House grounds for the Easter Egg Hunt.

**NOTICE: The Lower Britt Gardens will be closed to foot traffic from Highway 238 beginning late February through the end of May for Gardens restoration work. Woodlands trail heads, including the Sarah Zigler Trail, will be accessible from 1st Street and Britt Festivals amphitheater grounds.**

The Britt Gardens Restoration, begun by the Jacksonville Boosters Club in 2003 when the park was still county-owned, is now a collaborative effort with the City of Jacksonville (the park's new owner), Thornton Engineering, the Jacksonville Woodlands Association, the Jacksonville Garden Club, and Britt Festivals, and supported by a broad cross-section of community groups.

"The restored Britt Gardens will be a significant attraction for history buffs, gardeners, and visitors in general," says Carolyn Kingsnorth, Britt Gardens Steering Committee Co-Chair. "And it will serve as a valuable resource for the community at large. The Chamber and JOBA see the gardens restoration as a means of enhancing our 'heritage tourism', which will benefit local businesses and Jacksonville's economy. Local elementary school teachers view it as an additional teaching tool that can augment their curriculum and bring the past into the present. Hiking enthusiasts can look forward to improved trail access. And there are those of us who are just looking forward to a beautiful spot we can sit and enjoy!"

**SOUTHERN OREGON ARTISTS RESOURCE**

**Art Event Calendar - February 2011**  
by Hannah West

**Feb 1 - 28: Love for Life: Photography at The GoodBean**  
*Overcoming Odds with Beauty* - This month we feature the photography of Jenny Sisley, who shows us how the everyday world looks to one whose love for beauty fuels her determination to live despite the brain tumor doctors were sure would end her life in 2004.

**Feb 4, 5 - 7pm: Artists Reception - "New Encaustic Paintings" by Dianne Erickson**  
This energetic Jacksonville artist's show of new works - on display at Liquid Assets Wine Bar in Ashland since Dec 10 - ends Feb 11. You're invited to an artist's reception on Feb 4. Liquid Assets is located at 96 N. Main St., Ashland, and opens at 3pm. More info at [www.liquidassetswinebar.com](http://www.liquidassetswinebar.com)

**Feb 11, 5 - 7pm: Reception - Featured Artist Jym Duane at Creator's Gallery**  
Join us for a reception in honor of our Artist of the Month, Jym Duane. We're located in the historic Karewski House at the corner of 5th and C Streets. Please call 541-899-6902 for more info.

**Feb 18, 5 - 7pm: Reception - Rogue Valley Biennial Show at Rogue Gallery & Art Center**  
The first annual Rogue Valley Biennial presents art which is innovative, compelling, and timely to showcase emerging and established artists working with subjects, processes, and materials reflecting 21st century perspectives and concerns. Reception Feb 18, exhibition thru Mar 31.

**Feb 18, 7 - 9pm: Exploring Contemporary Northwest Art** - Immediately following the Rogue Valley Biennial Opening Reception, cross the street to the RCC-SOU Higher Education Center, Hall 132, where Bonnie Lang Malcolmson, Curator of Contemporary Art at the Portland Art Museum, will present a free illustrated lecture. A rare opportunity to hear Bonnie speak locally!

**Calls to Artists**

**Call to Artists: Fritillaria Art & Photography for a group exhibit at the GoodBean in April during the Fritillaria Festival.** Contact Hannah West at 541.899.2012 or [soar@soartists.com](mailto:soar@soartists.com)

**Feb 11, 12 from 11am - 2pm: Jurying Drop-Off, Rogue Gallery & Art Center:** Calls for entries to the 1st Annual Rogue Valley Biennial Show, Feb 18 - Mar 31. Submit up to 3 pieces of original art. Work may contain politically and socially relevant content, be provocative in subject matter and imagery, and challenge viewers' aesthetic perceptions. Portfolio reviews, cash awards and Salon des Refusés at neighboring Organicos Café. Contact RGAC at 541-772-8118 or visit [www.roguegallery.org](http://www.roguegallery.org).

**Oregon Lavender Festival** calls to artists and photographers for entries to their annual photography contest and juried art show at Beulah Park in Yamhill, OR July 9 & 10. July 1 **deadlines:** Artists start planning now for the *Lavender Paint Out*, with June home stay opportunities for plein air artists (pre-register by 6/1 for home stays), to paint the lavender fields of Northwest Oregon for a public exhibit and sale. Sites on the Lavender Festival Tour are open to photographers the second half of June. 2010 images of lavender can be entered in the 2011 photo contest; photos from any participating OR Lavender Assn lavender farm or nursery also eligible; local Applegate Valley Lavender Farm is on the list... Entries will be displayed at Helvetia Lavender Farm during the Lavender Festival. More info & links to 2011 applications at [www.oregonlavenderfestival.org](http://www.oregonlavenderfestival.org)

**Classes & Workshops**

**Enriching Children's lives with art:** Kids age 7 - 14 can go to Rogue Gallery & Art Center's After School Art Studios from 2 - 5 pm each Wed in February. \$15/day (\$5/hr per child). Contact RGAC Education Director Holly Kilpatrick at (541) 772-8118 or [holly@roguegallery.org](mailto:holly@roguegallery.org). Visit [www.roguegallery.org](http://www.roguegallery.org) for a complete schedule of February adult classes and workshops.

**Free Painting Day in the Applegate!** Artist Leah Fanning-Mebane invites you to her studio for a fun, spontaneous, free expression day to paint whatever you'd like, have fun, get out of your head and just create! Donations appreciated but not required. RSVP to [fanningart@gmail.com](mailto:fanningart@gmail.com)

There's always more information than we can fit...Check our blog for details on these events and more:  
[blogs.soartists.com/ArtMatters/](http://blogs.soartists.com/ArtMatters/)  
Subscribe to the Southern Oregon Artists Resource online calendar! [www.soartists.com/calendar.html](http://www.soartists.com/calendar.html)  
Compiled by Hannah West Design, LLC. Submit your art event to [soar@soartists.com](mailto:soar@soartists.com) or call 541.899.2012

## Can We Create a Sustainable Valley? Absolutely!

by Mark VonHolle

For those who may be unaware of the severity of the challenges facing our community, please allow me to share a number of facts that I am certain you will find both troubling and totally unacceptable.

The November unemployment rates for Jackson and Josephine counties are respectively 46% and 56% above the national average. Our median wage rates are 26% and 34% below the U.S. average, which put's Jackson County wage earners in the bottom 3% in the U.S. (#324 out of 334 U.S. counties with populations of 75k or more). Our childhood poverty and student homeless rates are off the charts. 55% of the students in the Medford School District are now eligible for food assistance. Currently about 25% of our fellow citizens in our 2 county region are receiving some form of food assistance. Last year the Medford Metropolitan Statistical Area (MSA) which in our case includes all of Jackson County, slipped from the top third (#54) to the bottom third (#127) in the Milken Institute's ranking of the top 179 best performing small cities in the U.S. Our ranking for wage growth was a stagnant 165th.

The loss of jobs associated with the decline in the timber industry over the last generation has taken away our community's foundation of traded sector family wage jobs, the quality of jobs that most communities need to create the economic multiplier that all of the other local businesses depend upon. A number of the primary factors that define our regional economy include retirement, health care, tourism, retail and services, timber, agriculture, outdoor adventure, education (RCC & SOU) and even our growing wine industry. All of these factors combined have not moved us beyond the bottom percentile for the lowest wages in the U.S. The weak economic multiplier associated with our low median wages makes for a very anemic regional economy. We are all products of our environment. Knowingly or unknowingly many seem to have become acclimated to a cultural mindset of scarcity and entitlement. If that was not the case, the economic statistics referenced in this article would tell a much better story.

More than 50% of Jackson County's land is controlled by the federal government. In Josephine County that statistic rises to over 70%. Oregon has the most restrictive zoning of all 50 U.S. states. I am not here to argue whether this a good thing or otherwise. I just want to ask the question, is there a better way to play the hand we've been dealt? The beautiful mountains that surround our valley result in air shed restrictions that are far more stringent than most other communities. Most of Southern Oregon's mills have been closed for so long that the credits they were allocated for atmospheric emissions have expired. If reason ultimately prevails and sustainably practiced timber harvesting comes back to play a more sensible factor in our regional economy, it is likely the associated mills will have to be located further away from the valley. We have excellent vacant industrial sites in close proximity to our population centers. With a bit of simple retooling these sites can be repurposed to facilitate employers that will provide the family wage jobs our community is in desperate need of. This approach will also create more reliable tax revenue streams for local and state governments to better provide necessary infrastructure and essential services. Tax

revenues will increase with a sustainable boost in commerce, as opposed to a yet another never-ending increase in tax rates.

Where significant challenges exist, phenomenal opportunities abound as well. The aforementioned Milken Institute report also stated that the Medford MSA tied for 8th best on the list for the strength and diversity of our budding technology sector. We currently have businesses in our community that represent 12 out of 18 sectors of technology. Nine of these sectors are at concentration levels that are equivalent to national averages, 6 of which exceed national averages. The majority of these businesses provide a strong mix of family wage jobs with benefits. Sustainability is the new environmental, social, technologic and economic reality of our times. We

have a strong emerging technology sector. Many of these businesses have a solid connection to sustainability. Going forward, what technology will not be impacted by this international paradigm shift toward sustainability? Why not create a magnet through strategic rebranding of Southern Oregon as Sustainable Valley to attract some of the untold billions being invested in these technologies? We can, must and will do this! Why not NOW?

The Sustainable Valley Technology Group (SVTG) was formed in July 2010 as a 501(c)(3) to expand regional economic development at the grass roots level. We are working in partnership with Southern Oregon Regional Economic Development, Inc. (SOREDI), the Chamber of Medford/Jackson County, the business and educational communities, as well as local, state and federal agencies. We are also reaching out to partner with private sector foundations. SVTG has an excellent board seated that includes local business leaders such as Jacksonville resident Jeresa Hren, as well as RCC President, Peter Angstadt and Raj Parikh, Dean of the School of Business for SOU. U.S. Bank is providing the first home (with at least the first year free of charge) for SVTG's new business incubator (also known as an accelerator) for which Lithia Motors is donating all of the modular partitions and office furniture. We are planning on opening the accelerator in early April, 2011. This initiative is picking up tremendous interest, support and momentum, including from our Congressional delegation and Oregon's new governor, as well as local city and county government leaders. Jackson County has taken a strong leadership position. The City of Medford is contemplating doing the same.

SVTG is building a strategic alliance with Plug & Play Tech Center in Sunnyvale CA, the premier technology business accelerator in the world. In effect we are building a pipeline, through which a variety of opportunities can flow both to and from our community. We are also working closely with the recently formed Southern Oregon Angel Network. SVTG's incubator will operate as a hydroponic greenhouse of sorts to ensure and accelerate our entrepreneur's journey to success by providing the following:

- Operational resources, discounted rent, shared equipment, administrative support
- Business development, training, mentoring and the synergy of working with other entrepreneurs
- Access to financial support, angel investors, grants, venture capital

In other words, we are going to more effectively triangulate our regional assets. Plug & Play currently has more than 200



## Computer Tech Talk

by John Trivers

### From Russia With Love

This past October, you might have noticed a decrease in spam email flowing into your mailbox. It seems that the Russian government, which normally pays little attention to these matters, took the unusually bold step towards cracking down on the unending flow of spam originating from within its borders. With the arrest of one individual, purported spam kingpin, Igor A. Gusev, one-fifth of the world's daily 200 billion spam messages selling everything from anti-virus software to Viagra stopped flowing. Despite his arrest, most internet security experts agree that as long as there is profit to be made, this sudden void in the shadowy world of cyber crime will be quickly refilled.

Cyber criminals employ sophisticated, if not deceptive methods of scamming people. Closer to home, I have noticed an alarming increase in the number of calls from unsuspecting clients that have inadvertently installed bogus antivirus software on their computers. These folks report being informed by urgent, legitimate-looking pop-up windows that multiple viruses have been detected on the computer. Furthermore, they have been instructed to visit a website and pay for software that will help rid the computer of these viruses. The bad news: the virus itself is making the claim of an infected computer. Still worse, making a payment to the bogus website amounts to a theft crime with little recourse as most of these sites are located in countries with lax enforcement of internet commerce regulations. And the coup de grâce, the computer still remains infected with a pesky virus that often requires a rigorous cat and mouse hunt to root it out completely.

A chance encounter with a computer virus may be unavoidable. Greatly reducing one's risks can be significantly improved by taking a few simple precautions:

1. Use a reputable, highly-rated, antivirus software. There are a number of antivirus products that do an excellent job of monitoring and safeguarding computer activity. Many charge a yearly subscription fee, while some are free. Regardless of which is used, it is important to know and become familiar with the software's look and feel. In other words, when the application's window is open, what does it look like? How does it alert you to threats and messages? The application's

icon in the system tray (lower-right hand corner of the desktop), what is its function? Does it change from green, to yellow, to red as the alert status increases? Knowing how to distinguish between a valid alert message and bogus pop-up window is a key step in not getting scammed.

2. Do regular maintenance on your computer. In addition to using real-time, always-on antivirus protection, use an anti-malware/spyware application for periodic scans of your hard drive. If the internet security industry has demonstrated anything, it's that no one software product is foolproof and 100% reliable. By using security software in tandem, you'll increase the odds of having a squeaky clean computer.
3. Use a different browser. The gateway of choice for most malicious content coming onto a computer is Internet Explorer. Microsoft has improved things over the years, yet the hijacks and exploits keep on coming. Using a browser such as Firefox, Google's Chrome, Opera or Safari tends to reduce such browser exploits. Like antivirus software, no single browser is invulnerable to the risks of the internet, yet these other browsers have a better track record.
4. Use a different operating system. OK, here we go...Mac vs. PC. Mac users that have read this far are already saying, "I don't deal with any of these issues." Mostly, this is the case. However, as the usage of Mac computers and the Mac OSX (operating system) continues to grow, the shadowy cyber criminals will find ways to increase profits by exploiting this segment of computer users as well. It's simple supply and demand.
5. Lastly, don't open email attachments from unfamiliar sources. Even if you know the source, ask before opening.

It has been stated that the most secure computer is the one that's turned off and unplugged. While no one wants the headache and hassle of *debugging* a computer, most of us are willing to accept the day-to-day risks of using the internet for the value and convenience that it adds to our lives. By becoming informed and applying a few simple steps, your computer will remain a useful tool and not become the scene of a crime.

John can be reached at  
info@roguevalleycomputing.com  
or 541-944-5819.

## POLICE BLOTTER Jacksonville Police Department

A consolidated report based on type of calls & number of incidences

November 22, 2010 to January 16, 2011

### Call Type - Total Calls

Alarm - False - 4	Kidnap-Custodial Interference - 1
All Other - Other - 2	Larceny - All Other Larceny - 9
All Other - Trespass - 1	Missing Person - 1
Animal Problem - 9	MVA Injury - Other MV - 1
Assist - Other Government Agency - 25	MVA Non-Injury - 4
Assist - Other Law Enforcement Agencies - 23	Property Found/Lost - 6
Assist - Public - 24	Sick/Cared For - 1
Civil Complainant - 3	Sudden Death/Male Adult - 1
County / City Ordinance - 8	Suspicious - 24
Disorderly Conduct - 1	Traffic Crime - DWS/Revoked - 2
Disturbance/Noise - 4	Traffic Crime - Attempt to Elude - 1
Domestic Disturbance - 6	Traffic Crime - Hit & Run - 1
Drug Law Violation - 1	Traffic/Roads - 9
DUII - 1	Misdemeanor - 1
Fraud - Other - 3	Traffic / Roads - 9
Fugitive - 3	UEMV - 1
	Vandalism - 1

# CALENDAR OF EVENTS - FEBRUARY 2011

- ♥ So. Oregon Artist Resource (SOAR) Art Event Calendar. *See ad page 12.*
- ♥ February 7, 5:00pm: JACKSONVILLE FLOODPLAIN INFORMATION SESSION, Naversen Room, Jacksonville Library. *See notice on page 5.*
- ♥ February 9, 6:00pm: JACKSONVILLE PLANNING COMMISSION PUBLIC HEARING ON CHANGES TO FLOOD INSURANCE MAP, Old City Hall, 205 W. Main St. *See notice on page 5.*
- ♥ February 11-13: HOME BUILDERS ASSOCIATION SOUTHERN OREGON HOME SHOW, Jackson County Expo, Central Point. *See ad page 21.*
- ♥ February 12: JACKSONVILLE CHINESE NEW YEAR CELEBRATION! *See schedule of events on pages 22 & 23.*
- ♥ February 12: MEDFORD FOOD PROGRAM FIRST PICK-UP DAY. *See article on page 8.*
- ♥ February 15, 7:00pm: JACKSONVILLE CITY COUNCIL PUBLIC HEARING ON CHANGES TO FLOOD INSURANCE MAP, Old City Hall, 205 W. Main St. *See notice on page 5.*
- ♥ February 19, 11:30am: SOUTHERN OREGON STITCHERS invite all needleworkers/embroiderers to bring your present project and stitch with us. Guests are welcome! Central Point Presbyterian Church (456 Pine St., Central Point), Contact Liz at 541-488-4082 or [www.sosega.com](http://www.sosega.com) for more information.
- ♥ February 20, 2:00-4:00pm: JIM HUTCHINS "TRACKS" BOOK SIGNING, at Pony Espresso, 545 N. 5th Street. *See article on page 8.*
- ♥ February 22, 6:00pm: JOIN ACTION JACKSONVILLE to find out more about how you can participate in Jacksonville city government, LodeStar Bar, California Street. *See article and ad on page 9.*
- ♥ March 1, 4:00pm: APPLICATION DEADLINE FOR HISTORIC PRESERVATION FUND 2011 GRANT PROGRAM. *See notice on page 9.*
- ♥ March 1, 7:00pm: JACKSONVILLE CITY COUNCIL PUBLIC HEARING ON CHANGES TO FLOOD INSURANCE MAP, Old City Hall, 205 W. Main St. *See notice on page 5.*
- ♥ March 5, 5:30pm: 10TH ANNUAL BENEFIT FOR MOBILITY UNLIMITED, at the Rogue Valley Country Club, 2660 Hillcrest Road, Medford. *See article on page 28 and ad on page 32.*

## Friends of the Jacksonville Library Book Sale



Friends of the Jacksonville Library will sponsor a book sale on **Saturday, March 5** and **Sunday, March 6**.

Saturday hours will be 10-11 a.m., members pre-sale, open to the public 10a.m.-4 p.m. New hours on Sunday will be 12-4 p.m.

Book sale proceeds help keep the Jacksonville Library open on Saturdays. Please help us by bringing donations to the library during open hours and/or attending the sale.

### Jacksonville Branch

340 W. "C" Street  
541-899-1665

**Storytime:** Wednesday - 11am

### HOURS OPEN

Monday	Noon-5
Wednesday	10-5
Thursday	2-6
Saturday	10-2

*(funded by JFOL)*

### Ruch Branch

7919 Highway 238  
541-899-7438

**Storytime:** Tuesday - 11:30am

### HOURS OPEN

Tuesday	11-5
Thursday	1-7
Saturday	Noon-4

### Applegate Branch

18485 N. Applegate Rd.  
541-846-7346

### HOURS OPEN

Tuesday	2-6
Friday	2-6
Saturday	10-2

[jcls.org](http://jcls.org)

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## THIS MONTH AT THE BELLA



### FEBRUARY

- 3 DAVID PINSKY
- 4 & 5 THE RHYTHM KINGS
- 10 DAN TILLER
- 11 & 12 JASON JOHNSTON & MIKE BOREN
- 17 DAVID PINSKY
- 18 & 19 GREAT MINDS UNPLUGGED
- 24 PETE HERZOG
- 25 & 26 TINY CHICKENS

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7:30pm - Friday, Feb 25  
SOU Music Recital Hall, Ashland \$33-\$40

7:30pm - Saturday Feb 26  
Craterian Ginger Rogers Theatre, Medford \$26-\$33

3:00pm - Sunday Feb 27  
GP Performing Arts Center, Grants Pass \$23-\$30

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for Children

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# Jacksonville Travel Tales

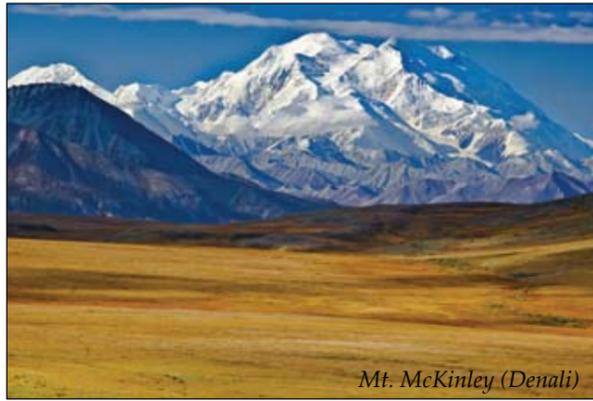
by Skip & Gayle Stokes

We sat munching wild blueberries on a knoll near Wonder Lake in Denali National Park while taking in the splendor of the Alaska Range looming over us. It was a hot August day back in Jacksonville – but here, in Alaska’s high country, it was already a glorious golden autumn. The grey days of a Jacksonville winter are the perfect time to plan an autumn road trip – especially if you want to do as we did and start the journey on the Alaska Marine Ferry.

The ferry must be booked early if you are bringing a vehicle. We also wanted a cabin for the three nights sailing from Bellingham, Washington, to Haines, Alaska. If you’re on a tight budget, and don’t care where you sleep, you can forgo the cabin and throwing your sleeping bag down on a floor or deck. Another option is to pitched a tent wall-to-wall with other tents in a small space on the back deck. For safety reasons, access to the vehicle deck is limited while the ferry is underway.

The ferry ride through the Inside Passage was stress-free and enjoyable, with spectacular scenery along the way. We watched a whale breach in front of us and observed bald eagles soaring. One passenger even photographed a wolverine meandering on shore.

We disembarked at Haines, and drove the short distance to the campground on Chilkoot Lake. We had just put the tent up when we were startled at the sight of a grizzly sow and two cubs sauntering through the campground! We decided to eat dinner in a restaurant that night. Not only did we avoid food odors around our campsite, but we also substituted delicious seafood for camp food. We saw the greatest number of brown bears of the trip at



Mt. McKinley (Denali)

Haines: the salmon were running and the bears showed up for breakfast and dinner.

We then began our exploration of Alaska’s highways and roads. We drove over a wintery Chilkat Pass, just beginning to change into autumn colors. The highway through beautiful Keystone Canyon brought us to Valdez, on the north end of Prince William Sound. Here we witnessed thousands of fish writhing in the waters near a private fish hatchery, with gulls and kittiwakes congregating in masses to take advantage of the bounty. Occasionally a bald eagle swooped in for a taste.

We arrived in Fairbanks just in time for the annual gathering of sandhill cranes before they start their southward migration. Each morning and evening the cranes’ croaking prehistoric calls resonated overhead as they made their way to the fields.

We used Fairbanks as a base to drive up the Dalton Highway. The road parallels the Alaska pipeline all the way to the Arctic. It was in surprisingly good shape, and we drove a distance beyond the Arctic Circle and back easily in a day.

Then it was time to head for Denali. We had reservations for the Savage River campground, at the spot where the road becomes bus-travel only. We had been told the third week in August was best for fall colors on Denali’s high tundra, and we were not

disappointed. We boarded the shuttle bus early each morning to travel deep inside the park. Though the weather was unsettled, we had occasional magnificent views of Mount McKinley rising majestically above a gold and red tundra carpet. We spotted caribou, grizzlies, moose, bighorn sheep, and even a lynx slinking in the multicolored brush.

By the time we left Denali, the rain had settled in for several days. Fortunately, the rainy weather encouraged us to explore the Alaska Museum in Anchorage. The Smithsonian Room, with its awesome interactive technology, is a must-see.

From Anchorage we drove the incredibly scenic highway to the Kenai Peninsula. At the Kenai’s western edge, the residents of Homer live in a spectacular location across from the active volcanoes of the Aleutian chain. On the other side of the peninsula, Seward offers easy access to the Exit glacier and Kenai Fjords National Park. Near Seward, we stopped at Ptarmigan Creek for



a hike and to watch throngs of sockeye salmon struggling their way upstream to spawn.

Finally, with the beginning of September upon us, we headed

northeast, towards Canada. We encountered an amazing display of autumn along the Glenn Highway. Bright golds and yellows of aspen and birch mingled with greens of fir and spruce. Ponds were ringed with gold, red and yellow. Vivid colors marched up hillsides. Each curve in the road produced a new exclamation of color.

The next leg of our journey would be Canada’s Far North, with even more exciting autumnal displays. However, that’s another story.

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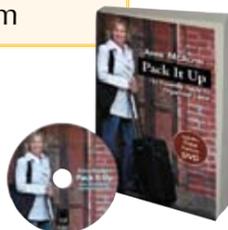
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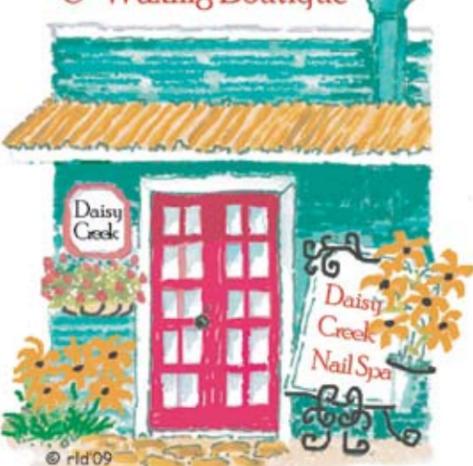


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萬事如意

# Chinese New Year Celebration

## YEAR OF THE RABBIT 2011



兔年快樂



### Lion Dance Clinic hosted by St. Mary's School

FRIDAY, FEB. 11.

Bring your own lion head and learn the lion dance! Students at the Lion Dance Clinic can participate in the Chinese New Year parade. Clinic will be held in the multi-purpose room at St. Mary's School in Medford (816 Black Oak Drive by RVMC).



Ted Gong.

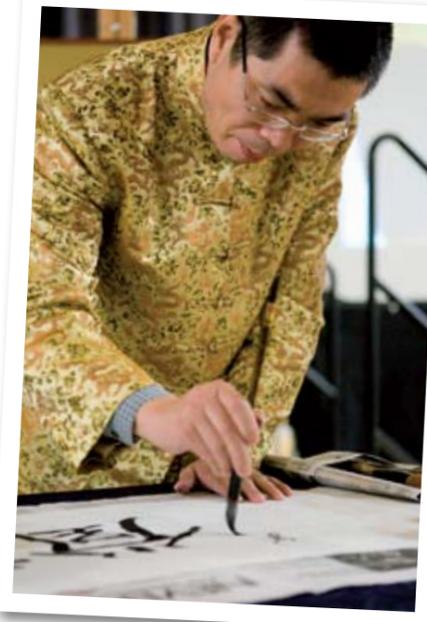


Paul Fong.

### 1882 Project: an apology for the 'Chinese Exclusion Act'

REDMEN'S HALL 11:30AM-12:30PM

Paul Fong, a California Assemblymember and Ted Gong, a member of the Chinese American Citizens Alliance.



John Su Guoying from Zhengzhou University, China, demonstrates traditional Chinese Calligraphy



Asked why he loves painting so much, Calvin replies with three simple words and a big smile – "Joy, Peace and Content"!

### Joy, Peace & Content ELAN SUITES and GALLERY 11:30AM-2PM

Dah-chung "Calvin" Chow, 周大中, was born and raised in Taipei, Taiwan in 1952. He holds a BA degree from the National Taiwan University and an MA from the Chinese Culture University. He is an active Rotarian and has served as the Director General for the Association for the Hearing Impaired in Taipei. Professionally he is the Senior Economist with the Bank of Taiwan where he has worked since 1975. Right about that time, Calvin began to develop an interest in traditional Chinese paintings and calligraphy. Over the years, studying under several masters Calvin has become an accomplished artist specializing in landscape and character paintings. In recent years, Calvin has held numerous exhibits in Taiwan and Japan.

Currently on display at the Elan Guest Suites and Gallery.



# YEAR OF THE RABBIT 2011

FOR MORE INFORMATION VISIT [WWW.SOCCA.US](http://WWW.SOCCA.US)

# Chinese New Year Celebration

SCHEDULE OF ACTIVITIES FEBRUARY 12, 2011 JACKSONVILLE, OR



## DON'T MISS THESE MAIN EVENTS!

**5K RABBIT HOP RUN** – an easy fun run on paved roadway: route includes portion of the 'Rails to Trails' (Rogue Valley Railway: The Tea Kettle and Jacksonville Cannonball).

WHERE: Starts at Bigham Knoll Historic Renovation site (525 East E Street)

WHEN: Race begins at 8AM rain or shine. Registration required by Feb.1. (download form at [www.socca.us](http://www.socca.us)).

**10:30AM LION and DRAGON DANCE PARADE** – downtown Jacksonville

When lions, dragons, drums, gongs and costumes and pageantry welcome the Year of the Rabbit.

**12-1PM CHINESE COOKING DEMONSTRATION** – McCully House

Jiaozi (餃子), Chinese dumplings, is shaped like an ancient Chinese gold or silver ingot, they symbolize wealth. Traditionally the family gathers on New Year's Eve to make dumplings. They may hide a coin in one of the dumplings. The person who finds the coin will likely have good fortune in the coming New Year. Demonstrators are Gang Zha, 查刚 and Xuan Guo, 郭璇, both are Chinese teachers for Confucius Classroom through St. Mary's School.

Admission: \$5 Tickets available at the Jacksonville Chamber of Commerce.

**2PM CHINESE FOLK MUSIC, DANCES AND MORE** – Bigham Knoll Ballroom

Songs, dances, Chinese costumes and fashion to regale you at this annual sell-out variety event.

Admission: \$5 Tickets available at the Jacksonville Chamber of Commerce.

**THE FOLLOWING ACTIVITIES ARE FREE AND OPEN TO THE PUBLIC**

**ELAN GUEST SUITES AND GALLERY**

**11:30AM-2PM Joy, Peace & Content** – Currently exhibiting the landscape paintings by accomplished Taiwan artist Calvin Chow 周大中, who will demonstrate his skills and techniques in the traditional art Chinese ink brush painting.

**NAVERSEN ROOM, JACKSONVILLE PUBLIC LIBRARY**

**11:30AM-12PM Local historian Larry Smith** will speak about the Chinese Gold Mining in Jacksonville: weather permitting, he will continue his talk with the group at the nearby commemorative monument dedicated in 2001.

**12PM-2PM Acupuncture Treatment** – Practicing acupuncturist Owen Jurling will set up treatment to relieve pain using needles; a healing art that has been practiced in China for over 4000 years.

**12PM-2PM Chinese Calligraphy** – 苏国营 John Guoying Su, from Zhengzhou University, who once taught Chinese language at St. Mary's School, will demonstrate the styles of Chinese traditional Calligraphy: four treasures of study and chop-carving.

## REDMEN'S HALL

**11:30AM-2PM Remembering 1882** – a museum exhibit about the Chinese Exclusion Act is on display throughout the day: a rare opportunity provided by courtesy of the Chinese Historical Society of America.

**11:30AM-12:30PM 1882 Project – The 'Chinese Exclusion Act'** was the only congressionally legislated law that the U.S. enacted that targeted a specific ethnicity of immigrant. Paul Fong, a California Assemblymember and Ted Gong, a member of the Chinese American Citizens Alliance will report on the progress about the petition to the Federal government to acknowledge and apologize for the Act.

**12:30PM-1PM What Grandmother told me about tea, herbs and melon seeds** – Join us for a cup of tea and stories of Chinese medicine folklore. Presented by Mohkeed Wong and Ted Gong.

**1PM-2PM The Confucian Writing Brush** – this program demonstrates how the idea of xue (学), usually translated as to 'learn' or 'study,' connects all aspects of Chinese life. Robert Ross, Richard Cole and Hiromi Wallen will demonstrate the

interconnection of Confucius' philosophy with the art of calligraphy, and that of Chinese daoist swordsmanship.

## MASONIC WARREN LODGE

**11:30AM-12PM Peter Britt and the Chinese** – Living history presentation about America's celebrated photographer and his relationship with the local Chinese community. Played by Robert Heltberg.

**12PM-1PM Tai Chi for Everyday** – a valuable health aspect of Chinese culture that aims at increasing people's internal energy. St. Mary's School Ling Zheng 郑岭 (Coordinator of Confucius Classroom) and Peng Li 李鹏 (Chinese teacher) will teach you to increase your internal energy on a daily basis.

**1PM-1:30PM Tai Chi: two person drill** – This special 'Yang Style' martial arts form is demonstrated by teacher Nando Reynolds and his students.

## THE OLD CITY HALL

**11:30AM-12PM Understanding the Year of the Rabbit** – Ken Bendat, Chinese scholar and doctor of Chinese medicine gives a talk about the Chinese "qi" indications for the year - with amusing and insightful fortunes for each of the 12 animal signs.



**12PM-1PM Feng Shui – Why should I care?** – Presented by Feng Shui practitioner Sharon Baldoni who will present the history, science and reasons for how it works.

**1PM-2PM In Search Of Gold Mountain: The Chinese Experience in 19th Century America** – Local historian and author Margaret Laplante presents her new book. She will examine why the Chinese came, what part of China they were from, work that they did (beyond gold-mining and building railroads, their lifestyle and what happened to them.

**THE OLD PRESBYTERIAN CHURCH – E. California Street and N. 6th Street UPSTAIRS – Sanctuary**

**12PM-1PM and 1PM-2PM Massacre in Hells Canyon** – Worst crime against Chinese in the American West in the 19th century and the crime never fully investigated. Former reporter and editor Greg Nokes for The Associated Press and The Oregonian presents his best-seller in its second printing.

**DOWNSTAIRS – Fellowship Hall**

**11:30AM-2PM** Come by for a break at this **Tea-house Pit-stop**, courtesy of SOCCA, exhibits courtesy of Ashland Railroad Museum, open to the public.

**11:30AM-12PM** Relax to Chinese Instrumental Music by the **Who's Hu Chinese Band**.

**12PM-12:45PM Men of Iron and Steel: Chinese Railroad Workers in the Siskiyou Mountains** – An anecdotal history of Chinese railroad workers presented by Victoria Law.

**1PM-1:45PM Seventy Thousand Firecrackers: The Story of Chinese New Year in Victorian Ashland** – Presented by Victoria Law.



## CHILDRENS ACTIVITIES

**11:30AM – 3PM** Games, Crafts, Fortune-telling, Origami and more at the **IOOF HALL** and **JACKSONVILLE CHILDRENS MUSEUM** and **DRAGON JUMPHOUSE** on the grounds in front of the **HISTORIC COURT HOUSE** (Formerly the Jacksonville Museum)

## BRITT GARDENS ARCHEOLOGICAL DIG

**11AM-3PM** Archeologists and volunteers will be on site at the current dig at the Ivy House – one of Peter Britt's buildings that he used as a "bank" for the "Celestials." Join the informal discussion about the site, the dig, the project and Britt's relationship with the Chinese. The site is under the auspices of the Jacksonville Booster Club. Watch for posted directional signs.



# YEAR OF THE RABBIT 2011

FOR MORE INFORMATION VISIT [WWW.SOCCA.US](http://WWW.SOCCA.US)

## Modern Day Miners

### Chinese Return to the Rogue Valley in Search of Golden Education

By Matt Jorizzo

After 160 years, the Chinese are returning to the Rogue Valley in search of gold. In the 1850s, Chinese immigrants settled in Jacksonville to work for mining companies during the gold rush. Today, they're settling in Medford and going to school to pursue an American education and the hopes of striking educational gold by gaining admittance to an American university.

I'm a senior at St. Mary's School in Medford and this year our school of 442 students has been joined by 29 high school students from China as part of an international boarding program.

Snow Guo, a junior, said that she enrolled in the St. Mary's international boarding program because she felt that the United States provided a broader and more diverse education.

In China, she said, the education system is focused primarily on math, science, Chinese, and English. With the more flexible and broader American curriculum, Snow said she is able to study other subjects as well and take classes such as German and economics.

"If the education system in China and the education system in America were two different buildings," Guo explained, "then the Chinese system would be a very tall building with a small base and the American system would be a short building with a broad base."

In addition to having less breadth, the Chinese

education system is highly competitive, and therefore highly selective. In order to reach the university level, students out of high school are given a single chance to take a standardized test known as the Gao Kao. The marks that a student receives on his or her test are what decide the student's eligibility and future.

Tianyi Zhang, also a junior, said she enrolled in the St. Mary's international boarding program in order to improve her English skills and prepare to apply to American universities.

"America has the best educational background in academic knowledge," Zhang said in a recent interview with The Mail Tribune. "It's the best in the whole world," she said. "And the American accent is cooler than the British accent," she added.

Guo also wants to study at an American university. She hopes that attending a high school in the U.S. will improve her chances of admittance to an American university as well as better prepare her to succeed.

Guo plans to study business at the University of Pennsylvania, a field in which her exposure to western culture will prove valuable. She plans to return to China after studying in America and get a job in international business and trade.

"China is still developing," Guo said, "and it needs more educated people to help it continue to develop."

Indeed, China has developed a lot since the first Chinese immigrants came to the Rogue Valley to mine for gold in the 1850s. In 2010, China's economy surpassed Japan to become the second largest economy in the world according to the International Monetary Fund (IMF). While the U.S. remains the world's largest economy, the IMF projects that it will be overtaken by China in 2020.

Jacksonville had the first documented Chinatown in Oregon. Evidence of Chinese artifacts reveal that Chinese immigrants have occupied Jacksonville

since around the time the town was founded in 1852.

During that same time period, China was enthralled in the Taiping Rebellion. The rebellion was led by Hong Xiuquan, who claimed that he was a holy prophet who was sent to eradicate the corrupt Qing Dynasty. Xiuquan formed the rather ironically named "Heavenly Kingdom of Great Peace" and threw the country into a 14-year-long brutal civil war that resulted in the massacring of civilians and soldiers alike. Foreign aid from France and Britain was required to finally squash the rebellion.

With an estimated death toll of approximately 20 million, most fatalities attributed to famine and plague, the Taiping Rebellion was one of the worst military conflicts in human history. The rebellion overlapped the American Civil War, which ended just a year after the Taiping Rebellion.

In search of work, Chinese immigrants crossed the Pacific to the West Coast of the United States, where they found jobs as laborers for mining groups.



Matt Jorizzo (left) with his journalism instructor Scott Dewing (right).

Today, Chinese students are not coming to Jackson County to do manual labor nor to escape plague and famine. Like their kinsmen that came long before them though, they have journeyed to America in pursuit of career opportunities.

While immigrants arrived in the 1850s to find jobs that were

actually located in the United States, the Chinese students arriving today are pursuing a golden education as their country is striving to become more involved in the western market. Without educated people who have experienced western culture, they will become no less isolated. Western-educated Chinese students are the hope for bridging that gap as China increasingly becomes a dominant economic and political player on the global stage.

The importance of healthy U.S.-China relations was recently highlighted by President Hu Jintao's recent visit to Washington to discuss with President Obama cooperative projects and agreements between the U.S. and China on matters such as the economy and renewable energy.

The importance of maintaining a healthy cooperative relationship between these two global superpowers has become increasingly important as China's economy and industry continues to rapidly grow. One thing is for sure: there will be no lack of good job opportunities for Chinese students coming out of American universities.

While many of the Chinese students enjoy certain aspects of their new surroundings, unfamiliarity and homesickness run rampant among them, especially during times of celebration, such as Chinese New Year.

Perhaps Chinese immigrants of the 1850s felt the same way. The Chinese New Year festival, held annually in Jacksonville, is a long-standing tradition since the residents of Chinatown held their first celebration.

Regardless of the homesickness that they might feel, Jackson County has been supplying opportunities to people from the largest country in the world since its humble beginnings as a gold mining outpost.

Matt Jorizzo is a senior at St. Mary's School. He will be attending Carleton College.



## Eastward Eden

by Kathy Pyle

### Goodbye to the "Year of the Pack Rat"

Jacksonville and the Rogue Valley are home to many who hoped for a better life here. At Chinese New Year, we celebrate some of those early Jacksonville settlers and welcome 2011 as the "Year of the Rabbit."

As Chinese New Year begins, I turn the page to new possibilities in the wide open spaces of Harney County several hours farther east. Sagebrush will replace cedars and Doug firs in my landscape. Coyotes will no doubt out-yip my little terriers, Juan and Paco. The living room window of my new home frames the snow-topped Steens Mountains, glowing from thirty miles away, a beacon for summer adventures high up in the alpine zone.

My new calling is at the Malheur Field Station on the Malheur National Wildlife Refuge. The Station provides lodging, meals and environmental education workshops in the midst of one of the premier birding spots in the country. Malheur National Wildlife Refuge lies in the path of the Pacific Flyway. The marshy waters of Malheur, Harney and Mud Lakes attract migrating water birds and songsters flying north in spring, by the thousands. I'm told we can expect the ducks, geese and swans (including the rare tundra swan) plus sandhill cranes in February, as some of the early arrivals. During the first weekend of April, the nearby town of Burns hosts the John Scharff Bird Festival that attracts birders from all over the country and abroad.

Like a mail-order bride, I applied for a new position at a place I'd never seen. I'd camped near the Steens twice but had never visited Malheur until early December when Station co-directors Duncan Evered and Lyla Messick gave me a tour. We watched waves of quail ripple over the sagebrush and a short-eared owl rise up at twilight to begin his hunt.

Every year, they told me, highlights a different inhabitant of the Refuge where wild populations ebb and grow. 2010 was the year of the packrat. The Bushy-tailed Woodrat (*Neotoma cinerea*), to be precise. Seven different species of packrats inhabit the North American desert. More closely related to deer mice than rats, packrats earned the name due to their junk-hunting habits. Packrats put plant debris, animal dung and human trash, especially shiny objects, to good use building their nests. Every generation of rats adds a different layer. An older enclave can sometimes extend up to four feet in size. Sometimes rattlesnakes become winter tenants. They crawl down deep in the nest; the rats seal up the hibernating snakes as they add on to their nests. Needless to say, the packrat nursery becomes a grocery store for the snakes as they emerge in spring!

Heat-sensitive packrats nest under structures and invade empty buildings in winter. They can even wreak havoc on electrical systems of stationary vehicles. At the Station, Lyla and Duncan

humanely trap the rats and re-locate them in a safe, rocky habitat a few miles down the road where they move into and improve existing nests. One Station-trapped woodrat proved to be something special. Christened "Betty," the small brown rat is a different species, the desert woodrat. More petite and delicate



Juan looks out to Wildhorse Lake on the Steens Mountain Wildhorse Gorge Trail.

than her burly counterparts from the north, Betty also seems to be smarter than your average woodrat. She's been trapped repeatedly but continues to saunter into the Station traps in search of a free snack. You can view a photo of Betty on the Station website homepage

at [www.malheurfieldstation.org](http://www.malheurfieldstation.org).

I've been thinking a lot about Betty and her packrat brethren as I sort through the clutter of my life here, trying to figure out what's worth taking along. Maybe the comforts of our small-town life trap us into collecting things that weigh us down and blind us to the possibilities.

Some important things are worth packing: my canine companions, Jacksonville friendships, the essential me who will find new ways to grow. Others can't make the trip: the caffeinated camaraderie of Pony Espresso and the Good Bean, morning walks with Eva and Francie, the smiling "hellos" from everyone encountered on the streets of Jacksonville, even complete strangers. What else won't fit in a suitcase: Our beautiful library with the comfortable chairs and mind-opening books. Summer evenings at Britt when music soothed the soul. Volunteering at the Access FoodShare garden in Medford. Mist clinging to the hills along South Stage Road and Beringer Lane. One thing I'll gladly leave behind to be picked up with the recycling on Wednesday mornings: the small-mindedness of small-town politics.

In 2011 the animal "year of" at Malheur has yet to be determined. Duncan and Lyla are hoping jackrabbits rebound from recent years' sparse populations. Snow on Steens Mountain is plentiful this winter, meaning Malheur lake levels will be high and inviting to spring bird life. Here's hoping this new year finds us less like pack rats, more like migrants of the wind, willing to brave the long journey and rejoice in the great higher view.

Kathy Pyle first settled in Jacksonville in 1996. She's worked as an advertising copywriter, magazine editor and freelance writer for national magazines. Her published books include *Better Homes & Gardens Garden Color* and *Bird Gardens*. This month she begins a three-year assignment funded by the Murdock Trust as development coordinator for the Malheur Field Station. Operated by the Great Basin Society on Malheur National Wildlife Refuge, the Station offers lodging and educational workshops, including the Elderhostel Road Scholar program. Find out more at [www.malheurfieldstation.org](http://www.malheurfieldstation.org). You can reach Kathy at [kmpyle2@yahoo.com](mailto:kmpyle2@yahoo.com). Author photo by Kelley Leonard.

## Diggin' in the Dark

Diggin' in the Dark: Genealogy After Hours - Monday, February 7, 2011, open between 3:00 p.m. to 10:00 p.m. JCGL 95 Houston Road, Phoenix, Oregon. Join the Rogue Valley Genealogical Society staff and members for a free, full evening of family history fun. No previous

genealogy experience is necessary. Bring your known family information, a USB flash drive for saving what we find and your supper. Please register by phone 541-512-2340 or in person at Jackson County Genealogy Library, 95 Houston Road, Phoenix, Oregon.

## Sanctuary One at Double Oak Farm

by Robert Casserly

First, the bad news: According to the State of Oregon's latest Census of Agriculture, the number of farms in Oregon is down to approximately 38,000, the lowest it has been in several years, and the average age of Oregon farmers has increased to nearly 60 years old. The



Intern brushing a horse and goats.

corporate agribusinesses gobbling up failing family farms have been widely shown to damage the environment, treat animals inhumanely, and, in the long run, take more out of a community than they give back.

Now, the good news: While Oregon is at a critical juncture for transferring our agricultural land, knowledge, and skills to a new generation of farmers, luckily there are lots of young people ready to get their hands dirty and take on the job. In fact, they are moving here from all over the U.S. and points abroad to learn from Oregon's farmers, especially those of us that practice organic agriculture.

According to World Wide Opportunities on Organic Farms, a nonprofit group that connects people who want to learn how to farm with farmers who need their help, 66 organic farms in Oregon offer internships and other learning opportunities for budding young farmers. Many of these farms, including Sanctuary One, are located in the Applegate Valley. Others include Barking Moon Farm, Boone's Farm, Blue Fox Farm, Dancing Bear Farm, Earth & Sky Family Farm, Yale Creek Ranch, and several more. The Applegate Valley is a veritable hotbed for the kind of farmer who merrily sings along with Joni Mitchell every time he or she hears the lyrics from *Big Yellow Taxi* that go:

*Hey farmer farmer  
Put away the D.D.T. now  
Give me spots on my apples  
But leave me the birds and the bees  
Please!*

Our care farm's current interns, Matti Graves and Samantha Pennington, hail from Michigan. After completing a thorough selection process, Samantha and Matti drove more than 2,300 miles to come live at the Sanctuary and learn more about biology, zoology, permaculture,

and organic farming. On any given day, Samantha and Matti might study and practice things as diverse as advanced composting, straw-bale construction techniques, planting garlic, herding a gaggle of geese, conducting an educational farm tour, and trimming the hooves of a recalcitrant pig. And that's just before lunch!

Previous Sanctuary interns have come from places a far away as Russia, Canada, New York, Massachusetts, Florida, Nebraska, and Hawaii. The common thread for all of them has been a desire to learn about a more conscious way of living in harmony with people, animals, and the earth. Usually they are young adults who have not quite figured out what to do with their lives, but they know they want to do something meaningful, something that makes a difference.

Sanctuary interns who enjoy working hard, learning a lot, being of service to the community, and exploring the metaphysical mysteries of life usually fit in well. The Sanctuary's staff and volunteers hearken back to old-fashioned farming that multiplies and increases life by paying attention to the connection between living things. We care for more than just the physical health of crops, fields, and animals; we farm for mental and spiritual health, too. To us, nursing the overall health of people, animals, and the land is a daily chore just as important as bucking hay or mucking out the barn.



Current interns Matti Graves (L) and Samantha Pennington (R).

The Sanctuary is currently accepting applications for our 2011 internship opportunities. Our farm interns work 40 hours a week and don't get paid for it, but the educational, personal development, and job training value of the experience makes it well worth it for people looking for the kind of hands-on learning that no book or university can provide. For every intern position that comes open, we typically receive five or more applications from people from all over the world.

For more information, visit us on the Web at [www.SanctuaryOne.org](http://www.SanctuaryOne.org) or call 541.899.8627.



## Diabetes Dialog

by Carol Jo Pettit

*Thank You Jacksonville!*

The waning economy hit many non-profits really hard, including the American Diabetes Association. At some point, running small walks in smaller areas is unprofitable, and a poor use of donors' dollars. Oregon's ADA walks have diminished from six just five years ago to now only one—Portland.

No one can say our wonderful committee didn't give it our all, and I am so proud of the people involved in making sure the Jacksonville Walk will be remembered as a beautiful, exciting event. *The Jacksonville Review* and Whit Parker truly stepped up by sponsoring this column every month and by running ads to promote the walk. The City of Jacksonville worked with us every year to provide Doc Griffin Park and Jacksonville Elementary, and the

fine folks there gave us such friendly, expert support. The Jacksonville Inn, Bella Union, Jacksonville Chamber of Commerce, and Jacksonville Woodlands Association also donated items and services for our raffles and auctions.

But, it was the walkers who really made the event exciting. We who stayed behind to man the event watched an impressive group of hundreds of walkers take a first lap around the field, led by our Red Striders in red caps. They are the ones who live with diabetes day in and day out. There were few of us watching that didn't tear up looking at all that bravery and support.

Thank you, Jacksonville, and everyone who participated in the American Diabetes Association's Step-Out Walks to Cure Diabetes. Perhaps we will be back in the future. Yours in the CURE!



## Joyfull Living

by Louise Lavergne

*A Happy Heart is a Healthier Heart*

Valentine's Day is not just a good occasion to eat chocolates; it also offers us the opportunity to think about the connection between our emotional hearts and our physical hearts.

**People who are usually happy and enthusiastic are less likely to develop heart disease than those who tend to be glum, scientists say... and boosting positive emotions could help cut heart health risks.** (As reported by Kate Kelland; London; 2010.)

Karina Davidson, PhD of Columbia University Medical Center led this research. Her findings suggested it might be possible to help prevent and decrease the risk of heart disease by enhancing people's positive emotions. "Participants with no positive affect were at a 22 percent higher risk of... heart attack or angina ...," Davidson wrote in the *European Heart Journal*.

Over 10 year period, Davidson and her team followed 1,739 men and women who were taking part in a large health survey in Canada. "Trained nurses assessed the participants' heart disease risk and measured negative emotions like depression, hostility and anxiety, as well as positive emotions like joy, happiness, excitement, enthusiasm and contentment, collectively known as a "positive affect," she explained. Those with "positive effect" had lowered their risk by 22%.

One of the reasons for this is that positive emotions help lower stress levels. Stress is one of the major causes of heart disease. Practicing positive thinking with affirmations such as "Every day in every way I am better and better" and taking time for self-care routines like yoga, walking and meditation are great ways to keep your heart both happy and healthy.

For Valentine's Day, why not share a JoyFull yoga class with a friend or partner. The class offers tools to cross over the turbulent waters of stress to arrive together at the end of a class to a peaceful, joyful inner place.

Here is a simple and effective yoga exercise to practice at home with a partner to improve communication and ease tension:

- Start by sitting back to back, if using chairs sit sideways with the back of the chair at your side, so your backs can lean on each other. You can also hold hands to deepen the exercise if that feels comfortable.
- Begin taking slow deep breaths as you lean on each other. You may find that after a short time your breathing is synchronized.
- After a few moments, if it feels good to you, take turns leaning back and forth very slowly, giving each other a chance to stretch forward a little more each time.

This month our Sound Healing and Guided Relaxation class (Feb 11 at 9:30 am and Feb 21 at 6 pm) will offer you an opportunity to awaken more joy & peace for a happy heart and to feel more enthusiasm for your life. (Call or email for more info and/or to RSVP).

Remember to take time to breathe and say I love you, from the heart.

© Louise Lavergne 2001-2009 [www.joyfull-yoga.com](http://www.joyfull-yoga.com); 899-0707 Louise is the owner of JoyFull Yoga LLC in Jacksonville where she offers group and private sessions. She is the yoga provider for Triune Integrative Medicine in Medford where she works with patients of Dr. Robin Miller. She is also a Motivational speaker. She has been practicing and teaching yoga and meditation for over 20 years.

## 2011 Master Recycler Program Now Accepting Applications

Now in its fourth year, Jackson County residents and business representatives are sought for participation in waste reduction service program:

**Applications due Friday, February 4.**

The Jackson County Master Recycler program educates citizen volunteers to serve as waste prevention ambassadors in their homes, workplaces, schools and community.

A 12-week Spring training course will educate 40 Jackson County residents and business representatives on topics of recycling, waste prevention, composting, and the local solid waste infrastructure. The course includes an extensive training manual, discussion based classes, and presentations from local and regional experts. Field trips will include visits to Dry Creek landfill, composting facilities, waste-to-energy plant and the Medford wastewater treatment plant.

To fulfill program commitments, Master Recyclers are required to give 40 service hours to support and expand local waste diversion programs and projects.

Jackson County Recycling Partnership funds and directs the program, which is housed at OSU Extension Service. The 2008-2010 classes were both highly

successful. To date, 95 Jackson County residents have become certified Master Recyclers.

In 2010, Master Recyclers supported recycling efforts at 39 community events, such as Pear Blossom Festival, Jackson County Fair, Talent Harvest Festival and Eagle Point July 4th, and helped to host the Jackson County Plastic Round-up. Volunteers contribute to a wide variety of service activities, including assistance with tabling at events, development of displays and informational brochures, presentations to student groups, and technical support of commercial waste reduction programs. Participants also offer their personal and professional skills, such as graphic design, construction, editing, sewing, hospitality, event planning and much more.

*Master Recyclers are required to give 40 service hours to support and expand local waste diversion programs and projects. Weekly classes will take place on Thursday evenings, March 3 – May 12, 5:30–8:30pm at the OSU Extension auditorium, 569 Hanley Road. Applications are due Friday, February 4, 2011 and are available online at [www.jcrecycle.org](http://www.jcrecycle.org). For more information, contact OSU Extension Service at 541-776-7371. Applications due Friday, February 4.*

## Jackson County Library Adult Winter Reads Program

Jackson County Library Services' Winter Reads program will run from **January 10 through February 19, 2011**, at your local branch library. This is a fun program for adults to encourage more reading during the winter months. Just drop in to the library and pick up a Reading Log (or print one from the link on [www.jcls.org](http://www.jcls.org)), take it home, and write down five books as you read them. Listening to an audiobook also counts. After you have read five books and filled

out the log, drop it by the library, and get another reading log.

Each week, at each branch, a drawing is held. The winning reader gets to choose either a gently-used book or book bucks for the Friends of the Library book sales. After February 19, everyone who has returned reading logs will have their names put into a drawing for a grand prize for a dinner certificate.

For additional information, please call your local branch library or 541-774-6996.



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## SightSeeing

by Julie D. Danielson, O.D.

*A Comprehensive Eye Exam Can Detect Diabetes;  
 A Disease That Six Million Americans Don't Know That They Have*

**D**iabetes is becoming an epidemic because of the obesity crisis in the United States. In fact, 17 million Americans suffer from diabetes. Of these people, one-third are unaware that they have the disease.

With a dilated, comprehensive eye examination, an optometrist can detect and diagnose diabetes and start you on the road to treatment for the disease. Your doctor can look inside the eye and examine blood vessels directly, possibly detecting signs and symptoms of vascular diseases such as diabetes and hypertension.

Undiagnosed, diabetes can result in vision impairment, a frequent complication of both Type-1 and Type-2 diabetes, and blindness. Diabetes is the leading cause of new cases of blindness among adults 20-74 years old. Other vision problems caused by diabetes include: vision changes, glaucoma, cataracts and retinopathy.

Part of living with diabetes and successful eye care is having a dilated eye examination on at least an annual basis – more often if you have existing eye issues or more serious retinopathy. Certainly, if you experience any change in vision, you should immediately see your optometrist.

For someone who has been diagnosed with diabetes, the annual dilated exam is important. When I do an examination, I'm looking at the retina for early signs of diabetic retinopathy, such as leaking blood vessels, retinal swelling (macular edema) and deposits on the retina – all of which are signs of leaking or damaged blood vessels.

An optometrist is an important member of your health care team – particularly if you have been diagnosed with diabetes. Type 2 diabetes is associated with older age, obesity, family history of diabetes, medical history of gestational diabetes, impaired glucose tolerance, physical inactivity and race/ethnicity. The rising incidence of diabetes in the United States is a result of a dramatic increase in obesity, as well as the aging of the population. If you have risk factors associated with diabetes, consider having a dilated eye examination to control the disease and lower the risk of complications.

*Julie Danielson, an optometric physician, is available by appointment at (541) 899-2020.*

## Body Language

by Mary Ann Carlson

*New Year Aspirations!*

**I**t's a new year and I was pleased to see that the number one resolution or aspiration, as I prefer to call it, is to get in better shape, be more fit, lose weight, etc. It seems most people are in agreement that they want to have better health, and exercise is one way to do it. Okay, the desire is there, now what?

There is a formula for achieving goals that I think is worth mentioning. It's called **S.M.A.R.T.** goals.

**S** is for specific. A specific goal has a much better chance of being accomplished. It's the difference between saying "I want to get in better shape" or "I am going to work out three days a week."

**M** is for measuring your progress. Keep a log stating how you are progressing. If you achieved your goal of going to the gym three times last week, gold stars are always appreciated. Have an end in sight; 25 lbs lighter? 2 pant sizes smaller?

**A** is for attainable, and my favorite point. When you are specific about goals that are important to you (I mean really important), something magical occurs. Ideas come out of the blue. Opportunities you may have missed before, become clear to you. You can accomplish most anything when you plan your steps and establish a time frame that allows you to carry them out. A wonderful side effect is that you grow as a person in the process. When you start attaining these steps, you build your

self-image. You see yourself worthy of these goals and develop the traits and personality to achieve them.

**R** is for realistic. A goal must represent an objective toward which you are both willing and able to work. If you are going to the gym because you have to, not want to, it won't last. Find an activity you enjoy, a dance class, swimming, whatever will keep you coming back. If you truly believe it can be accomplished, then it probably can.

**T** is for timely, and a must if this is going to work for you. A goal should be grounded within a time frame. If you want to lose 20 lbs., when do you want to lose it by? 'Someday' won't cut it. But if you anchor it within a time frame, say 'by Easter', then you've set your unconscious mind into motion to begin working on the goal.

Now you are going along swimmingly, have a timeframe, have a schedule that's been working for you and BAM! Life intervenes (as it always seems to); maybe an unexpected deadline or illness in the family – not to worry. That's why you took the time to write everything down. When the calamity is over, calmly go back to your notes and carry on. It won't take long for you to get back on track and achieve the success you deserve.

Have a great year!

*Mary Ann Carlson is Owner of  
 The Pilates Studio - 541-890-7703*



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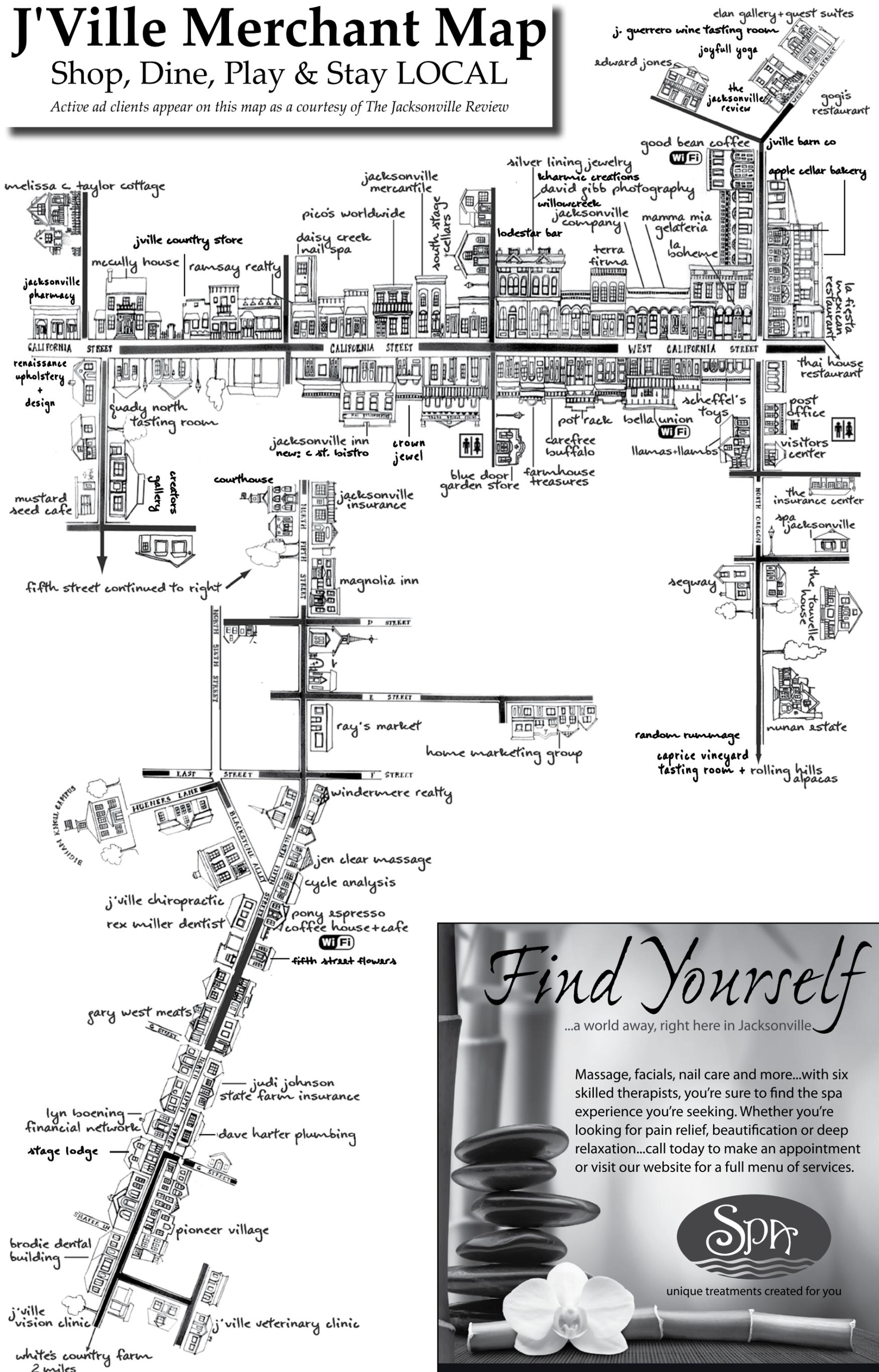


**Mary Ann Carlson**  
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## HomeWorx

by Cheryl von Tress

### Contemporary Design De-Mystified

Over the past several years, the majority of my clients have asked me to update their homes – moving them from tired and unsatisfying furnishings into a fresh, invigorating yet calm look for their homes. In literal terms, “Contemporary” means coexisting. What’s not to enjoy about incorporating an inviting mentality into your most intimate surroundings?

#### Contemporary versus Modern Style

Both of these design approaches share the common denominator of clean lines and a sense of order. To achieve a Contemporary Style, look for softer lines and an emphasis on comfortable texture. These two elements alone begin to set the mood which is both distinctive and inviting.

Next, look to color. Contemporary palettes will be warming, even rich in the mid-range, and never stark in the neutrals. Hues in the earthy tones (rather than stone or industrial tones)

keep your interior clean and inviting while avoiding the sterility and coldness of modern style. Modern Style definitely has its place in design. I have simply found that more people want to live with a Contemporary look.

#### More Color Chat

Muddy tones are not the essence of earthy tones used in Contemporary Style. Far from boring, this palette applies beautiful shades of color on accent walls as well as adding pops of color in cushions, rugs, window coverings, art work, lamps, vases and more. A huge color statement can be made with a sofa or sectional in a fabulous color or by pairing two “hot color” chairs with a strong, rich but neutral sofa.

A Contemporary design plan will be driven by simplicity, drawing from minimalist yet with less restraint. The selection of a few loved, cherished objects will be favored over nothing displayed on surfaces (modern style) or over a fussy display of kitsch (ala Victoriana or Country Style run amok).

#### From the Floor Up

A Contemporary lifestyle will draw from surfaces that are both functional and practical. For flooring, think smooth or low-nap, e.g., wood floors, current trends

in linoleum (Marmoleum and other products) and berber or “frieze” (twisted loop yarn) carpets rather than cut pile. Wood floors will be flush fitting, durable finish hardwoods over V-grooved, waxed strip floors.

Trim and mouldings? Here, you will want to avoid intricate detail and go with square or beveled edges. A great side benefit? Maintenance and cleaning are much easier than carved wood options.

Wood surfaces such as tables, shelving units and flooring can be dark toned or light but should remain consistent throughout a room. The choice of wood types and grain stay closest to Contemporary Style when there is tight grain. These choices create a quieter visual plane, leading to the serenity that results from good Contemporary design. Wood

tones (from light to dark) can be mixed, however, try to retain a quietness in the graining you choose.

Walls are a perfect surface to pull your Contemporary Style into focus. Whether it’s the use of painted or wallpapered surfaces, bold stripes or fine-textured choices will provide the opportunity to make a statement here and there to mix things up and avoid that furniture showroom feeling. Or, blocks of color on accent walls can be a playful way to express your Contemporary taste.

Finally, your textiles will complete the expression of Contemporary Style. Look to offset sleekness (of leather) and smooth lines (squared, flared, angled furniture arms and legs, accent table shapes) by adding fabrics in linen, wool or raw silk.

#### Intrigued? More will follow...

This column is part one of a two-part series. I’ll complete this discussion in the March issue.

In brief, think clean, spare, warm, inviting, comfortable and interesting when you want a Contemporary interior for your home.

Cheryl von Tress Design offers full-service and hourly consulting for design in homes, offices, cafes and gardens. [www.cvtdesign.com](http://www.cvtdesign.com) 541.899.2824



## Love your Landscape

by Adam Haynes

### Creating Beautiful Entryways

First impressions matter and in landscaping terms means your home’s entry way can feel inviting and open or restrictive and closed. Paying attention to your entry way can pay off since small details add depth and warmth to curb appeal with simple additions like lighting, potted plants, trellis and arbors.

If your goal is to enhance the appearance of an entry way with landscaping improvements, start by taking a step back and viewing your home from the street. An entry way should lead the eye up to the front door, long before your feet get to the door. This should happen as soon as you start your approach.

Planting around your home’s foundation is key. Usually, foundational plantings are showy and beautiful on their own and don’t need a lot around them to create a nice statement. I like using small ornamental trees, larger shrubs, and ornamental evergreens. Many entryways can be bordered with the appropriate plants that make all the difference in creating a more inviting approach or “pathway” leading to the front door.

Your walkway leading up to the front door is also a key piece to the overall feel of the entry way. The material of the walkway can and should compliment the design and style of the home. Some suggestions for materials that really enhance the entry

are mortared-in flagstone, pavers with an exposed aggregate border, pavers, dry-set flagstone, exposed aggregate and mortared-in or dry-set bricks. The design and shape of the pathway serves to enhance the entry, too, making the design more important than the materials used.

Pillars create structure, depth and clear definition for most any entryway. When constructing pillars, consider adding mounted lights on top that compliment and tie into your existing outdoor lighting scheme for safety and appearance sake.

Creating an entry way that is inviting at night can be accomplished easily with the right placement of low voltage lighting fixtures. “Up-lighting” foundational plantings and trees with strategic placement of night time lights can do wonders for your home’s front feel and functionality.

Seasonal annual plantings by your front door will add a lot of life and color, as well. If you don’t have planting beds near the entry, simply place pots or boxes on the ground or porch – be sure they drain properly. Using colorful and showy annuals is a great choice.

Adding trellises or arbors can also add character and depth to your front entry. With spring just around the corner in Jacksonville, now is a great time to start planning how to spruce up your front entry way!

Contact Artisan Landscapes 541-292-3285 or visit [www.artisanlandscapeinc.com](http://www.artisanlandscapeinc.com)

## Britt Seeks Volunteers for 2011 Season

Britt is in search of volunteers for its 2011 season. As a non-profit organization, Britt relies on a large volunteer crew to serve in a variety of roles on the Britt hill, and in the Britt office.

Collectively the 350+ Britt volunteers serve upwards of 20,000 hours each summer, but individual time commitments vary.

If you are interested in volunteering for the 2011 Britt season and live in the Rogue Valley, contact Britt Volunteer Coordinator Bow Seltzer at 541-690-3842, email [bowseltzer@brittfest.org](mailto:bowseltzer@brittfest.org) or stop by the Britt office at 216 West Main Street in Medford. **Potential volunteers for the 2011 season must apply by March 31.**

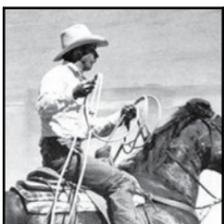
## Benefit for Mobility Unlimited

Nonprofit agency, Mobility Unlimited promotes self-sufficiency and independence by providing its clients with the mobility equipment necessary to maintain employment. “We fund projects like ramps for the home, vehicle hand controls, motorized lifts, even shower chairs,” states Bethany Brown, Executive Director. “Our annual fundraiser, “Jazz & Jewels,” raises the most revenue for our Mobility to Employment program. It is this program that keeps physically disabled people working and contributors to society.”

**The 10th annual benefit for Mobility Unlimited will begin at 5:30 p.m. on Saturday, March 5, 2011, at the Rogue Valley Country Club, 2660 Hillcrest Road, Medford.** Activities include a silent

auction, social hour with hors d’oeuvres, live jazz entertainment, client guest speaker, and a sit down dinner followed by an oral auction. Featured items up for bidding include trips, dinner parties, jewelry, fine wines, and professional works from local artisans. This year we have brought back the popular House of Hough BBQ. Tickets for Jazz & Jewels are \$75 per person or \$600 for a table of 8. Sponsorships are available. Last year’s event raised over \$80,000 to purchase mobility equipment for physically disabled Oregonians enabling self-sufficiency and independence.

For more information call 541-618-9468 or go to <http://www.jazzandjewels.org> to sign up online. See ad on page 32.



## The Weed Wrangler

by Bob Budesa

### Weed Warriors Wanted

The bad news is invasive, problematic, unwanted, alien weed species are here, and they have been for a while. The good news is they’re not that dense, and they’re controllable. But it’s not something I can continue to do alone. I need help.

I’m proposing the following:

1. to find people interested in helping control weeds throughout the growing season (April – Oct),
2. to present a slide program whereby people would learn about the species we’re dealing with locally,
3. to divide the town into parcels, and have a person or two attend to the weeds within the parcel of their choosing.

You know, in some areas, the weeds aren’t that numerous. In fact, they can be downright hard to find! In others, a person could

spend 1-3 hours a week attending to them. That’s right, I’m not talking about a big time expenditure here, but an important one.

This effort is imperative if we want our small town to continue looking as charming as it can. If not, weeds will run rampant, and no amount of window dressing will help. Right now, the problem is small, will take little effort, and be relatively inexpensive. If we let the problem grow, no amount of time or money will stem the tide.

If you’d like to help, please contact me prior to March 1 at 541-326-2549 or [bob\\_budesa@yahoo.com](mailto:bob_budesa@yahoo.com).

Bob Budesa moved to Jacksonville 20 years ago, retired from BLM after 38 years where he oversaw the noxious weed program with Medford District BLM (850,000 acres) for 20 years, worked in Wild Horse Program in 1970’s and was a member of JWA for 2 years.

### Sustainable - Cont’d. from Page 13

companies incubating. In addition to the accelerator, we can create a fertile environment to attract new, expanding and relocating businesses out of the CA market in particular, that are not convinced they need to go overseas. For all of the limiting factors previously referenced, thankfully we cannot and will not recreate CA or even a suburb to CA. That said, we can make far more effective use of our resources to maximize our potential.

By working closely together, we can pull ourselves up by our collective bootstraps to affect the long overdue changes required to transform our regional economy in order to make it more vibrant, resilient and sustainable, which will help our community become

more prosperous. Sid DeBoer said it best when he told me “we should have done this 20 years ago”. I could not agree more! Rather than wait another 20 years to look back and make the same statement, let’s seize the moment and get this done... NOW!

Mark VonHolle is VP of S&B James Construction Management and serves as Board President of both SVTG and SOREDI. He also serves on numerous other boards, including the Chamber of Medford / Jackson County, where he was voted the 2010 Member of The Year. Mark and his wife Yoonne are Jacksonville residents who consider themselves most fortunate to be able to raise their family in our community. If you would like to help you may contact Mark via email at [markvonnholle@sbjames.com](mailto:markvonnholle@sbjames.com).



## Winter Excitement at Jacksonville Elementary!

Our Science Fair, held on January 27, was a great success. Students from multiple grade levels presented experiments, demonstrations, collections and observations. The public was invited to view exhibits and treated to live demonstrations and a "flubber" make-and-take project. Thank you to the numerous students, staff and volunteers who made the 2011 Science Fair a memorable event.

Our PTO is proud to fund a 2-day visit from OMSI (Oregon Museum of Science and Industry) on February 10th and 11th. 4th grade students will experience "The Science of Lewis and Clark" during which they will learn that Lewis and Clark were "more than just famous explorers; they were also scientists!" Students will use "problem-solving and observation skills to delve into the scientific fields of cartography, astronomy, anthropology and biology." The 5th graders will study "Animal Innards" and learn proper dissection techniques while exploring the insides of a squid and discovering firsthand where the beak and ink sac are!

The entire school will experience the OMSI assembly "Altered States" on Friday, February 11th. This assembly will explore how solids, liquids, and gases change from one state of matter to another. It will ask students to predict how a super-cooled rubber ball will react as well as determine what will happen if a balloon filled with hydrogen is ignited.

This show is guaranteed to be a hit!

Art is exploding in our school! The theme for this year's school-wide Art Exhibition is "Art Explosion." Recently, students competed in an Art Poster Contest with the challenge of best-capturing this theme. Congratulations to 6th grade student, Henry Grubb, whose poster was declared "Best Design" and will be featured at the March 15th Exhibition. Jacksonville Elementary has a special Art Program paid for by the PTO and instructed by parent volunteers. Each class experiences scheduled art sessions where students learn about and create art inspired by master artists such as Pablo Picasso, Eric Carle, Jackson Pollack and Vincent Van Gogh. *Please contact the school office at 541-842-3790 if you would be interested in contributing to this program or assisting with the Art Exhibition.*

Jacksonville's Got Talent! Auditions for the 2011 Talent Show will be held after school on February 2nd and 3rd.

The Talent Show is scheduled for Friday, March 4th at 6:30pm. Please come out and support our talented students and enjoy a terrific show!

**Jacksonville Elementary School is blessed to have a wonderful principal, teachers, parents and volunteers who work together to inspire children's love of learning and provide a safe, challenging and student-centered environment. Thank you to all who make our school a special place.**

## Jacksonville Elementary Art Exhibition Tuesday, March 15th!

Students at Jacksonville Elementary School have learned about perspective, pointillism, color and collage. They can tell you the difference between fine art and illustration - realism and abstraction.

A unique partnership of parents, teachers, administrators and community members study and teach art in K-6 classrooms to bring their students an excellent Art Program.

Between October and March, parents lead the students through projects designed to teach art basics such as shape, color, line and texture. This year,

parent volunteers are in the process of teaching 20+ projects to their students. They've introduced students to the work of master artists such as Pablo Picasso, Jackson Pollock, Andy Warhol, Georgia O'Keefe, Vincent van Gogh, Albrecht Dürer, Eric Carle and Henri Matisse. They've exposed students to a wide variety of materials and techniques that include: paints, pastels, clay, wire, textile and gourd. The support received from teachers is also outstanding. They participate in every art class and help students understand how art relates to other subjects.

The program, first introduced and managed by Rogue Valley artist and teacher Tami Lohman, continues in large part because of her written instruction on each subject. One does not have to be an

artist to understand and teach the lessons. Tami originally created a similar program in the Portland area. When her family relocated to Jacksonville, she was able to introduce & implement the program

locally. According to Tami, "Kids love art...and art teaches them so much - like planning, estimating and spatial thinking." Jacksonville Elementary has had the program in place since 2005. Since that time, Ruch and Griffin Creek Schools have also implemented the program.

Special thanks to the Jacksonville Elementary PTO, parent volunteers, caring businesses & organizations that have donated funds, supplies or time to this year's Art Program. Without your support, the children in our community would not experience this high-quality program.

Please contact Jacksonville Elementary school office at 541-842-3790 if you would be interested in contributing to this program or assisting with the Art Exhibition. Tax-deductible receipts can be mailed to non-anonymous donors.

This year's Art Program themed "ART EXPLOSION" will hold its 7th Annual Exhibition in the Jacksonville Elementary school gymnasium on Tuesday, March 15th, 2011. Art will proudly be displayed and the whole community is invited to attend. Please join us for this fun and exciting event!



"Art Explosion" by Henry Grubb

## If You Have to Wander North

By Janet Eastman

No one ever wants to leave Jacksonville. But occasionally, you must head north. To attend a meeting in Portland. A wedding in a Willamette Valley vineyard. A Ducks game in Eugene.

When you have to spring away from these comforting surroundings, Melinda Thompson welcomes you to stop and see her in Cottage Grove.

Thompson is the general manager of the landmark Village Green Resort and she's offering you an incentive to stay at her place. She calls it the "Escape Plan."

For \$89, a couple can spend the night, order two dinner entrees off the restaurant menu (try the roasted rack of lamb or filet mignon), enjoy a bottle of wine or sparkling cider, and then start the next morning with breakfast.

The house Merlot, Chardonnay and other wines are bottled under the Village Green Resort label. But the wine itself is made nearby by Chateau Lorane from Oregon grapes. The wine list also boasts an Opus One for \$175, but it's hard to resist wanting a complimentary bottle of local wine.



There are other reasons to retreat to this city. Thompson was born and raised here and she thinks Jacksonville and Cottage Grove have a lot in common: proud residents, friendly places to eat and sleep, and history.

Cottage Grove, locals will tell you, has earned bragging rights as the Covered Bridge Capital of Oregon because there are seven bridges along the route. "Many of these bridges are used for weddings or are near swimming holes," says Thompson.

Others like to say that Cottage Grove is a comedian magnet, attracting jokesters to film here, from Buster Keaton to Kate Hudson. John Belushi and crew filmed the homecoming parade scenes for "National Lampoon's Animal House" on Main Street. Today, authentic French croissants and pastries are made fresh at Fleur de Lis



Patisserie and Cafe at 616 Main Street.

Settlers who came to Cottage Grove by way of the Oregon and Applegate trails found gold in 1863. Today, most people arrive via the I-5 to find a different kind of treasure: leisure. There is biking, white-water rafting, fishing, golfing and other kinds of downtime activities.

Gardeners don't even have to leave their Village Green Resort room to see lush landscapes. The resort's owner Dirk Winter is a master gardener who has converted 14 acres into different postcard settings. There is a bird habitat, woodlands area and an enchanting Widow's Walk, where black-foilage plants thrive above an acid green groundcover. For \$10 more, guests can upgrade to a deluxe room that has a fireplace and a private patio that opens to one of the gardens.

Over the years, the resort has had it ups and downs. Recently, there was an offer to buy it, level it and build a truck stop. But the owner declined. He couldn't imagine anyone tearing up the gardens he's put in. And Melinda Thompson couldn't imagine turning away a traveler needing a place to rest.

Village Green Resort is part of the Moonstone Hotel Properties, which also includes the Oregon Garden Resort in



Silverton, outside of Salem. This new hotel is embedded in the Oregon Garden, where the state's nursery moguls have preserved old oak trees and planted themed gardens across 80 acres. Overnight stays here include passes to the garden.

For more information: Village Green Resort, 725 Row River Road, Cottage Grove, OR 97424, (541) 942-2491, (800) 343-7666, [www.villagegreenresortandgardens.com](http://www.villagegreenresortandgardens.com)

Journalist Janet Eastman scouts for bargains and travels anonymously and pays for her stays. In between, she writes about Southern Oregon wine and food. Her work can be seen at [www.janeteastman.com](http://www.janeteastman.com)

### Standards - Cont'd from Page 5

guidelines for infection control in the fire station, at an incident scene, and other areas of operation.

NFPA 1582: Medical Requirements for Firefighters

This standard provides guidelines to ensure that firefighters are physically capable of performing firefighting tasks. It covers the medical evaluation process as well as a list of conditions that would or could prevent a fire department member or candidate from performing as a firefighter by presenting a significant risk to the health or safety of others. (Note that OSHA standard 29 CFR 1910.156 also addresses physical fitness issues.)

NFPA 1971: Protective Clothing for Structure Firefighting

This standard establishes manufacturer requirements for coats, coveralls, trousers, and hoods to protect firefighters against "adverse environmental effects" during structural firefighting. Also includes procedures for cleaning protective clothing.

I hope that I have been able to enlighten you with just a few of the NFPA standards that all fire departments both career and volunteer strive to meet and follow nationwide. From our Paid and Volunteer Staff at Jacksonville Fire & Rescue we wish all of our residents a Happy New Year.



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# Calling All Foodies

by Constance Jesser



## Warm Up Your Sweetheart

February usually means winter has taken a good hold on the weather. Comfort food is the key to staying happy when the weather turns yucky. This Tomato soup is a quick and tasty way to brighten anyone's day. Besides, cooked tomatoes are often recommended for men to eat to stay healthy. Think of this as an early Valentine's Day treat. Happy Cooking Everyone!

- Tomato Bisque**
- 2 Jars or one large can San Marzano Tomatoes (preferably organic) About 5 cups
  - 1/4 cup olive oil
  - 1/2 cup chopped sweet onion
  - 1 teaspoon dried dill
  - 2 teaspoons Aleppo Pepper
  - 4 cups Chicken Stock
  - 2 Tablespoons Flour
  - 2 Tablespoons Butter
  - 1 Tablespoon Umami Taste #5 paste
  - Sea salt & cracked black pepper
  - 3 Tablespoons honey
  - 2 cups heavy cream (or to lower the fat content, use 1 can condensed skim milk - not the sweetened kind)
  - Creme fraiche for garnish
  - Chiffonade of basil for garnish
- Saute the onions in either olive oil or butter along with the dill and aleppo pepper until the onions are translucent. Add the tomatoes and chicken stock and simmer. Make a roux with the 2 Tablespoons butter and flour and cook for approximately 2-3 minutes (don't brown



the roux). Add this to the soup and whisk to incorporate. Add the salt and pepper and Umami #5 paste. Bring to a boil, stirring and skimming. Lower the heat and simmer for 15 minutes. Add the chopped parsley, honey and cream. Remove from the heat and blend until smooth. Strain through a medium sieve. Re-heat and serve with creme fraiche and some chiffonade of basil.

Constance Jesser is owner of the Jacksonville Mercantile and a professionally-trained chef. She can be reached at 541-899-1047 or [www.jacksonvillemercantile.com](http://www.jacksonvillemercantile.com)

## Focus on:

Congratulations! You survived the holidays of the past couple of months and now you can take a breath and relax. The New Year has arrived and with it a time when many of us start making resolutions – eat less chocolate; consume more vegetables; lose a few pounds. One excellent resolution you can make this year is to remember your elderly neighbors as we head into the coldest months of the year. Many older folks have outlived their friends, and frequently do not have any family living nearby who they can count upon. The safety check that Food & Friends volunteers provide to our clients in Jacksonville and other communities throughout Jackson and Josephine Counties are just as vital to our seniors as the hot, nutritious meals they deliver. If you have an elderly neighbor, it is especially important that they have someone to check in with them when the weather turns bad. Seniors often have a more difficult time regulating their body temperature than younger folks, which means that they might be more easily affected physically by colder weather. Additionally, as part of the aging process, many have experienced changes in



vision, neurological problems, or may be taking medications that can cause them to have balance issues. Combined with ice and snow accumulated on sidewalks or other surfaces, this can make for very dangerous walking conditions and could result in falls.

If you experience extremely cold weather, power outages that last for any length of time, or other similar situations, please consider calling your elderly neighbor or dropping in on them to make sure that he or she is okay. At the very least, it lets them know that someone cares, and it could very well make a positive impact on their wellbeing. Are you looking for a way to make a bigger impact in your community? Food & Friends is always looking for volunteers, so if you or someone you know would like to help out, please contact Jan Yost, at 541-734-9505 ext. 4. Routes and fill-in positions are available in most areas for those interested in delivering Meals on Wheels, and a helping hand at our meal sites is also very much appreciated. Happy New Year and best wishes to you and yours!

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## Paws for Thought

by Dr. Tami Rogers

### Battle of the Bulge

Ah... it's February. Being the beginning of a new year, it seems fitting to discuss weight issues, doesn't it? That dreaded subject you're always finding yourself in trouble for when bringing your pet to the vet clinic. No hand slapping here... just a little bit of education.

The majority of us have already failed miserably on our New Year's Resolutions and we find ourselves back in the recliner watching "The Biggest Loser" with a large tub of ice cream in our laps! If you are anything like my husband, you "accidentally" place the ice cream bowl in a location that is quickly found by an eagerly waiting companion. Or, if you are like some (and though I will not mention names, we both know who you are!) that sweet companion gets his own bowl of ice cream as a treat. And we wonder why our pets are so chubby!

How do I know my pet is overweight you ask? Let me help you out. If your pet is commonly confused as the living room ottoman, your pet is probably overweight! If the only way your kitchen floor gets mopped is by leash walking your belly dragging dog, your pet is probably overweight! So obviously, these examples are the extreme and there are many animals that fit somewhere in between. In reality, your pet should have a nice hourglass figure. The chest should be broad and then taper back to a nice trim waist. You should also be able to easily feel their ribs when lightly running your hand over the chest.

Now that we have established that your pet might be overweight, what can be done about it? Of course, a visit to your veterinarian can be very insightful when developing a weight loss plan. Here are some of the things that might be discussed. First, I would evaluate what the dog or cat eats. I always recommend a premium diet, such as Science Diet, Eukanuba, Royal Canin, or Nutro Natural Choice. However, a pet that is overweight

may require a prescription diet to get the weight off more efficiently. Not only is what they eat important, the quantity is also critical. A common mistake that can quickly lead to weight gain is free feeding. All animals should be fed measured amounts, not just offered a free choice buffet! Secondly, I would evaluate what kind and how many treats the animal is getting each day. So, if ice cream is not a suitable treat option for a pet, what is? Most treats purchased at the store (milk bones, peanut butter treats, etc) are equivalent to a mini snickers bar... lots of added sugar and salt (unnecessary calories) to make them taste good, but no nutritional value. For example, a common treat called a "Beggin' Strip has about 95 calories. Not too bad, right? However, if you have a healthy 13lb. small breed dog, their daily requirement is somewhere around 250 calories. So, one full strip is about 40% of their daily requirement! Yikes!! I recommend trying carrots and apples as a treat source. They are sweet and animals usually love them! One full cup of raw carrots (or 1/2 cup cooked carrots) only has 25 calories. Quite a difference!

As we all know, diet is not the only component to weight loss, exercise should also play an integral role. Not only is it beneficial for weight loss but it is great for mental stimulus. For dogs, a nice walk or some time chasing a ball in the backyard can be adequate. For cats, play time with a laser pointer or similar toy can help get them up and moving around.

Remember, overweight and obese animals are at a greater risk for heart disease, joint pain and arthritis, diabetes, and many other diseases. Again, a visit to your veterinarian can provide a lot of guidance for a weight loss plan. In the mean time, put that cookie down, hook on a leash, bundle up and head out for a nice walk around the block. It will be good for you and your loving pet!

Dr. Rogers can be reached at the Jacksonville Veterinary Hospital at 541-899-1081.



## Annie's Antics

by Annie Parker

**H**APPY 2011 everyone!

Wow - the holidays are over and the New Year is under way! With this passage of time, I am, of course, maturing. I'm sticking to a few New Year's Resolutions, although I am struggling with not chasing the C-A-T. Yes - Marty is still here, and is apparently here to stay.

Not that I mind that much - but I am concerned that he seems to have privileges I don't...such as laying on the chair, the back of the couch, the bathroom counters, and the bed. At least he's not allowed on the kitchen counters...which is where he'd really like to be. One of his favorite places to curl up and hang out when Mom is getting ready for bed is in the bathroom sink. I don't quite see the comfort in that one. Cats!

He and I get along most of the time. But I think he tires of my constant chasing and only gets really miffed when I grab his head in my mouth...that generates a squeaking sound in him, and gets my folks all upset. They don't seem to scold him as much as they do me...except when

### Marty and Me

he uses the furniture as a scratching post. That makes them come running.

Our morning tradition is to eat, get some good rub-downs from the folks, then go out into the yard to poop. He's like me and he poops outside. This is a total treat - because unlike mine, his poop tastes great! Mom and Dad just freak when they catch me digging in the yard to uncover these tasty snacks he leaves for me... they are SO uptight sometimes.

Our family Christmas card had a picture of me and Marty snuggling together...you could just see Marty's head peeking out under mine. Our neighbor, Jill loved the card and asked, "So, do they always cuddle this way?" Well - she might call it cuddling; Marty calls it canine harassment.

I overheard Marty asking if he could write his own column called, "Marty's Musings." Can you believe the nerve? Since I know it would just be a rant about me, I hope my editor-dad says NO!

Well - that's my scoop for now. I hope all is well with you and your furry family members and that everyone is enjoying my Small Town with Big Atmosphere!

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## Tax Tips You Can Use

by Kathleen Crawford  
Enrolled Agent

This article will give readers tax information about 2011 and try to help people understand the tax law passed in late December of 2010. Each year the IRS publishes the rates for the coming year. This year is no different, except that Congress changed the bigger picture in December. The IRS issued the standard rates for 2011 in November and the new law did not affect them. The business mileage rate will be \$0.51 per mile. The mileage rate for moving or medical miles will be \$0.19 per mile and the charity miles will stay at the same Congressionally mandated \$0.14 per mile.

For 2010 tax returns, the 10% tax bracket is the lowest bracket and the 35% bracket is the highest bracket. Capital gains still have special rates with 15% being the regular rate and people with low incomes paying 0 (zero)%. The mileage rates for 2010 will show on tax returns as \$0.50 for business miles, \$0.165 per mile for medical and moving and \$0.14 for charity miles. With the December tax law, some deductions that expired in 2009 have been added back for 2010. The IRS finalizes forms in November so they can be printed and the software companies can program tax software. With the re-addition of these deductions, the IRS has to figure out how to plug things into the already finalized forms and reprogram their computers. Also, software companies have to rewrite software. This will cause the processing of some or all 2010 tax returns to start later.

It has been difficult to plan ahead for 2011 because many rates and deductions were scheduled to expire on December 31 and no clear picture of the future came from Congress. Just before Christmas, Congress decided to extend most of rates and deductions for another two years – through December 31, 2012. This

means that for the years 2011 and 2012, old is new again. The 10% tax bracket will continue as the lowest bracket and the 35% bracket stays as the highest tax bracket. Capital gains will have special rates with 15% being the regular rate and people with low incomes paying 0 (zero)%. The law created two major changes from 2010. The first is that the estate tax has been reinstated. For 2010, the estate tax had been repealed. For 2011 and 2012, estates below \$5 million have no tax assessed. Estates above \$5 million have a tax rate up to 35%. The other change has already been felt in paychecks. For 2011 only, the employee portion of FICA or Social security taxes will be 4.2% instead of 6.2%. Employees will see \$2.00 more per \$100.00 earned in take home pay for all of 2011 only. The employer portion remains the same at 6.2% and it is not clear if self-employment taxes will reflect this stimulus amount.

The state of Oregon has not changed its tax rules for 2010, so none of the new(old) deductions will be allowed on Oregon returns for 2010. In addition, because 2010 was an off year for the legislature, none of the federal provisions for 2011 have been added to Oregon law. The Form 40 will have even more modifications that result when Oregon law differs from the federal. This may be the reason that starting for the 2011 tax year the short Form-40S is being eliminated. Oregon taxes will be too complicated to allow even simple returns to use the short form. Happy New Year.

*This article is for information only.  
Please see your tax advisor for information on your personal tax situation.*

*The Jacksonville Tax Lady, LLC is located in beautiful, historic Jacksonville across from Pony Espresso at 610 North Fifth Street.*

*Kathy and Angela can be reached at 541-899-7926.*

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## IN MEMORIAM

### Ellen Rudy Van Dorp-Armstrong 1938 - 2010

Ellen Rudy Van Dorp-Armstrong of Jacksonville, passed away on Sunday, December 19, 2010, at the Rogue Valley Medical Center, after struggling for several years with diabetic congestive heart failure. Ellen was born in Mijdrecht, Netherlands, on March 12, 1938, to Arie and Marie Korver. In 1954, the family emigrated to the U.S.A., and settled in El Monte, Calif., where she completed high school.

In 1958, Ellen married Hans Van Dorp, and they moved to Sunland, Calif. They had three children, Jeffrey, John "Jack" and Marie.

Several years later, Hans became afflicted with Lou Gehrig's disease. Ellen was his caregiver, and she joined the Rosicrucian Order for spiritual support. She met Desmond Armstrong, a fellow Rosicrucian, who became a family friend. Before his death in 1978, Hans recommended that Ellen should marry Desmond to help rear the three teenagers, which she did the following year.

After Ellen's children became adults, she attended Los Angeles Mission College, and achieved an associate's degree in sociology. She graduated in 1989, the same year that Desmond retired from the California Institute of Technology. In 1990, they moved to



Jacksonville and became involved in civic affairs. Ellen worked with Woody Hunter as news editor for the Jacksonville Review from 1991 to 2001. She enjoyed literature, music and crocheting.

Ellen is survived by her husband, Desmond; children, Jeffrey, John and Marie; brother, Leen, of Montague, Calif.; and sister, Tineke, of McCloud, Calif.

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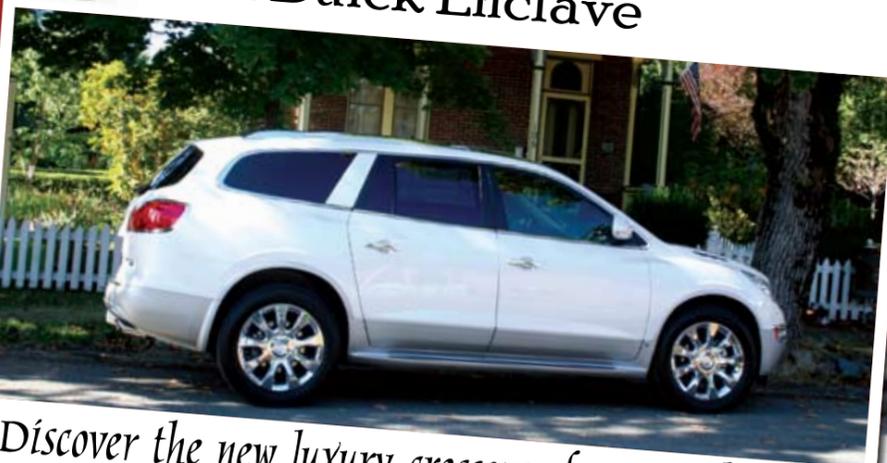
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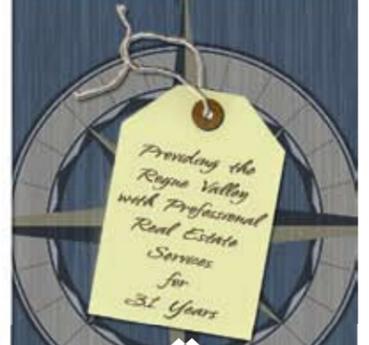
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